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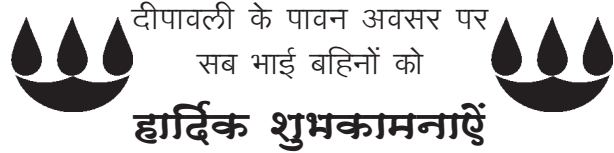
# SAMVAD

SHREE THATHAI BHATIA  
COMMUNITY BULLETIN

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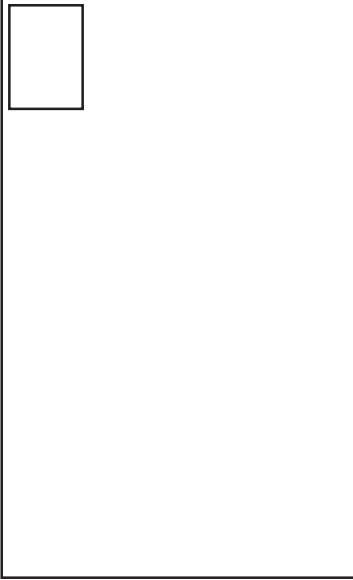
Thathai Bhatia Shewa Fund  
Thathai Bhatia Panchayat  
Kewal Baug Trust

**संवाद**



सम्पादक.

BOOK - POST



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## हरिवंशरायजी बच्चन की एक कविता से प्रेरित

**निमंत्रण**

मुझे पुकार लो  
कहते हैं तारे जाते हैं  
प्रतीक्षा  
मधुशाला  
लो दिन बीता लो रात गई  
अंधेरे का दीपक  
जुगनू  
इस पार उस पार  
यात्रा और यात्री  
निशा निमंत्रण

सम्पादक.

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## EDITORIAL

### Working for the Good of others

**The service urge:** As we grow, we start looking around us. We are concerned about our family, our community, our village or city & feel proud of be one of them. As our outlook broadens, we identify with the nation to which we belong, then to humanity in general.

Our concern manifests in doing good to other into a patriotic urge or social urge for service, our strong attachments to gain something for ourselves diminish thus, the motivation of “doing good to others”.

#### **How does it work?**

“Doing good to others” cut selfishness, brings sacrifice, we become Steady, our lower urges get burnt in the flame of service. Life becomes holy and pure. All actions get focussed on one point, the life mission emerges, the motivation of work changes from in place of material return to serve others. If we are sincere, we find a great change transforming us to make us sit for instrument of service.

#### **Purity of purpose:**

If our zeal is weak, the sincerity and introspection is lacking, the purity of purpose is absent, then the person will do more harms than good to others. Nowadays people like

the social service for selfish ends with motive of gaining something concrete in return Power, name, fame & wealth. Wealthy people may barter money for name and fame.

I conclude this article with extract from a writing of Shri Maghabha (Maghanmal J.Rai Pancholia) written years ago but very much relevant today:-

Social service is tantamount to worshipping God -- whatever we have, belongs to him and there by to society after providing for our necessities, we are only its trustees. Let us therefore imbibe a conviction that a trustee can never become a proprietor. We should leave I-ness and mine-ness in our day to day activities.

If we fail to create a society (community) based on love brotherhood and humanity which are the basic values of our philosophy (way of life) then all our talks of advancement will remain in the air only. It is therefore necessary to mobilize determined public minded and devoted persons, for our community, who should consider service with a sense of duty for general good.

**Ram C. Bhatia**

### **COMMUNITY FIRST :**

**We have to PROTECT not only what we have inherited, but what we are leaving for our CHILDREN.**

**If we are not part of the SOLUTION, then we are the PROBLEM.**

## ANNOUNCEMENT

We invite from our readers contribution on the following topics relevant to our community :-

1. Role of Thathai Bhatia Panchayat in the present context.

My vision of our community in the year 2010.

2. Decline in Pushtimarg value in our Community.

3. Need of the community functions that brings the community together.

4. Rising trends of divorces in our community - Malady and solution. (Divorce some facts and figures : In Delhi 5475 such cases were filed in 2004. In Mumbai 2550 cases were filed in 2004)

The two best contributions in each category will be suitably rewarded. Editorial committee's decision will be final. Contribution may be in English, Gujrati, Hindi or in our diction of Thathai Sindhi (Gujrati or Devnagri)

Please send the advertisement money by cross A/c. Payee cheque in favour of **SHREE THATHAI BHATIA PANCHAYAT** together with the material for publication.

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### EDITOR - RAM C. BHATIA

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### EDITORIAL SUB COMMITTEE

**Shri Lalchand Gajria**  
**Miss. Pushpa Ne-Gandhi**  
**Smt. Indira Gajria**

## IMPORTANT ANNOUNCEMENT

Shree Thathai Bhatia Panchayat Managing Committee has decided to revise the Annual subscription from current year under article 2.4 the Annual subscription is now Rs.50/- per year payable in advance. Admissin fee remains the same i.e. Rs. 251/- at the time of admission.

The members of Shree Thathai Bhatia Panchayat are requested to collect their amount of patal'sfrom panchayat office in the month of November & December 2005.

Further enquiry from Tel. No. 2809 1770

**Hon Gen. Secretary**  
**Ramchandra C Bhatia**

### 1 An appeal to Donars

Thathai Bhatia Shewa Fund proposes to introduce the scheme of awarding Gold and Silver medals to meritorius students on its Annual Day programme.

It is unique opportunity to give donation for above cause so that these medals can be given to meritorius students in name person in whose loving memory Donar cherish. These medals will be given in front of huge gathering of our Bhatia Community. These gold & Silver medals can be for any class toppers. From the interest earned on Donation amount 50% of it will be utilised for purchase of gold & silver medals. Baboo Kewalram had already agreed for gold medal. We eagerly await further donation response.

2 Thathai Bhatia Shewa Fund proposes to publish a telephone Directory of Our Bhatia brothers & sisters. In the past we had collected Vasti Patrak forms & work is in progress.

From the filled forms received, we shall collect the telephone nos. datas & publish in a telephone directory at an early date. You can xerox the form and give it to your relatives.

Your early reply will be highly appreciated Please send your form either by hand delivery, courier delivery, by post or by E-mail.

Help us to Help you.

**Ashok M. Gajria**  
Hon. Gen. Secretary

**Ram D Khianra**  
(Hon. Secretary)

### ***Shree Thathai Bhatia Panchayat's Dwarka & Somnath Tour***

We are thankful to everyone who have responded whole heartedly for our tour to Saurashtra in Gujarat. We have finalised all arrangements to provide maximum comforts to all our members.

We are grateful to our brothers & sisters who had assisted us in tour programme. These include Smt. Nirmala K Asarpota & Smt. Damyanti H Bhatia to provide us literature & magazines for Dwarka & Somnath. Our brother Shri Sunil S/o. Ladharam J. Raigaga from Mithapur provided us Hotel & names of transpoters & other valuable information which were very much useful in tour preparation. Lastly we appreciate the efforts of Shri Hemchand N. Java - Tour Convenor & Shri Pankaj Maharaj who both went personally to Dwarka and finalised all arrangements personally.

We wish all members a pleasant journey and seek their co-operation in tour.

Shri Issardas H. Assarpota - Hon. President

Shri Ramchandra C. Bhatia - Hon. Gen. Secretary

Shri Ashok M. Gajria - Hon. Vice president

Shri Lalchand T. Gajria - Hon. Secretary

Shri Navin H. Gajria - Hon. Treasurer

## **अतुल्य ठठुई भूटिया समाज**

अपने शब्दों का चयन सतर्कतापूर्वक करें.  
२०० शब्दों में अपने विचार लिखे. यदि आप ठठुई भूटिया समाज की विशेषताओं को अपने शब्दों में समेट सकते हैं तो आप पुरस्कार के हकदार हो सकते हैं. विषय काफी सरल है.

‘पू. ठठुई भूटिया पंचायत मेरे लिए क्या मायने रखती है’ अपने विचार ३१ दिसम्बर २००५ तक भेज दीजिए और जीतिये

ख्याति, प्रशंसा और पुरस्कार

**सम्पादक**

## CHINTAN

### SONAR KELLA

During the last decade or so there have been a few worthwhile achievements by the community as a whole. Which in the future will prove as milestones and inspire the coming generations to go further on a desired path of community identity, unity and awareness of belonging to it and feeling firmly rooted.

It is not a new phenomenon in the history of any community that whenever any such advancements are made, a few of us become a little cynical. I believe even cynicism perhaps is a way of criticism and if accepted by a conscientious community works as a tool of introspection. In regards to new steps taken with intention of community welfare they can sometimes prove helpful and suitable and if found useful corrective measures can always be undertaken. However any such cynicism when it acquires hysterical proportions it loses any possibility of it being considered something worthwhile.

One can accept any type of benign or positive criticism by a fellow member. However, a determined, deliberate and continued criticism is a cowardly act of spraying muck. Standing in an invisible murky space needs a kind of rebuttal from the conscientious people in the favor of good community causes. As such irresponsible acts by people of malicious inclinations can inflict considerable damage. A course of repeated

lies can cause a lot of irreparable damage to a very vital community program for present and more so for the future generations.

The work of building community assets like the present proposed building of Puj. Panchayat will go on in any case from a small building to a huge complex. And Krishna willing in times to come a very beautiful township called SONAR KELLA. In a book titled SONAR KELLA, a small boy keeps dreaming of a golden castle and keeps on going with help of a guide who wanted to find out if the dream of this boy is some thing true. In our case a memory of days gone by. The cynics in this story too keep being cynical and the boy ultimately with help of his guide reaches his SONAR KELLA destination. And so too we will reach our SONAR PALACE one day.

The said SONAR KELLA in the story turns out to be the famous fort of Jaisalmer. Once the home of Bhatti Rajputs whose descendants we happen to be.

A path shown to us by lord from times immemorial may get lost for a while, but will keep reappearing whenever there will be a crises. All will follow and will be followed by the cynics too. We shall take them along, as they too are one of us, our own flesh and blood. A part of our spirit, which gets a bit low sometimes with attributes like those but we have always come over such obstacles and we shall come over them again and again.

**Ashok. M. Gajria**

## SHARE AN EXPERIENCE

My journey of Yoga began with trying to understand the meaning of Yoga, its implication and need of it in Today's life.

Whenever I am in Mumbai - I visit Yoga Classes held at Thathai Bhatia Shewa Fund and Kewal Baug Trust, but program at Aastha Channel of Yoga by benefit to those who are attending it in such large numbers.

I had gone with my son Jai to Jaipur where Shri Ramdeo was holding a camp between 19th to 25th April 2005. I personally met Shri

Swami Ramdeo Maharaj along with my nephew Sunil Kishinchand Gajria . I was very much impressed and I am doing "Pranyam" regularly as taught by him. I feel a positive change in me.

I feel yoga as taught by him should be propogated. I had invited him to come to Bahrain and conduct a camp over there.

This brief meeting with a person like him is memorable and I share my this experiance with the readers.

Jai Shree Krishna.

**Baboo H. Kewalram**

॥ Jai Ambe ॥

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## पापा

पापा हो हैं हर बेटी का पहला प्यार  
साथ हों वे अगर तो हर मुश्कील को  
कर ले वो पार  
दुनिया हो साथ उसके मगर  
पापा बिना हर बेटी अकेली है  
जोष प्यार हिम्मत है पापा  
पापा ही उसकी सहेली है  
बड़ी हो जाए कितनी भी मगर  
पापा बिना हर बेटी अकेली है  
दूर हों दोनों मगर  
हर मुश्कील में बेटी ने  
पापा को साथ पाया है  
पापा के इस अनमोल प्यार को  
बेटी का दिल ही समझ पाया है

शिल्पा राजेश

## प्रभु प्रार्थना

यह प्रेम सदा भरपूर रहे, भगवान तुम्हारे चरणों में  
यह अरज मेरी मंजूर रहे, भगवान तुम्हारे चरणों में  
जीवन की मैंने सौंप दी है, यह डोर तुम्हारे हाथों में  
उद्धार पतन अब मेरा है, भगवान तुम्हारे चरणों में  
संसार असार है सार नहीं, बाकी न रही अब भूख कहीं  
मैं हूँ संसार के बंधन में, संसार तुम्हारे चरणों में  
आँखों में सदा ध्यान रहे, और मन चरणों में लगा रहे  
यह अंत समय की अर्जी है, भगवान तुम्हारे चरणों में  
यह बार बार मैं कहती हूँ, आगे प्रभु आपकी मर्जी है

माधुरी कपानी (भाटिया)

After Marriage Husband and Wife  
Beocme Two Sides Of a Coin,  
They just can't face each other,  
But Still they Stay Together.

Compiled by L.T. Gajria

## OUR ATTITUDE DETERMINES OUR ALTITUDE

Giving each letter of the alphabet a  
number, a=1, b=2, c=3 etc. if you add up  
the letters of the alphabet in the word  
"attitude" this is the result

A	=	1
T	=	20
T	=	20
I	=	9
T	=	20
U	=	21
D	=	4
E	=	5
		100

Attitude is everything.

Compiled by

Usha Bhatia

## WOMENS WORLD

**T**hathai Bhatia Panchayat is proud to acknowledge the contribution of our women in leadership roles- be it lawyer, software professional, interior decoration etc. "Samvad" recognise this growing dynamic trend in our community of working professional women built on total merit. Today we narrate you the contribution and achievements of such women of our community, as they are integral part of our community growth.

### *Meet Electronic Engineer*

### *Meet Interior decorator-*

- 1) **Miss VANEETA** (28 yrs.) Daughter of Smt. Vimala H. Dhutia & Harish Tarachand Dhutia (Former Gen. Secretary of TBSF) passed her B.E. (Electronics & Telecomm. Engineering) from Pune in the year 1999. She is now doing her MBA (HR Mgt.) from Pune. She is presently employed by M/s Wipro Technologies-Pune as Senior Engineer, Systems designs. She has traveled to U.S.A. and Canada on company's assignments a couple of times during her service.
- 2) **Mrs. Shweta Harish Chandrapota** D/o. Govind & Rajni Whabi & Daughter in law of Shri & Smt. Navin Chandrapota had done her B.Com. from K.J. Somaya College in the year 1992 along with course of Interior Designing side by side. She is working with reputed designer firm with Shri Ajeet Bhuta Vidhya Vihar, whose work included International Airport V.I.P. Lounge, Basant Cinema Chembur, Amitabh Bachhan's Bungalow main gate etc. She was associated personally in their projects. Presently she is free lancing Interior Decorator.

**RAM C. BHATIA**

## HOW SHALL I TELL MY CHILD

*continued from last issue....*

Why doesn't Gopal has a Father ?

Gopal's father is dead. It is one of the saddest hardships for the mother when the father of her babies dies. That's one reason why war is so stupid and cruel. It takes the fathers away to fight against other fathers who also have left their homes and families. and a great many of the fathers are killed. So no matter how the war ends, there are always fathers who are killed, and mothers and children who are left alone. It's all very stupid, and perhaps when you grow up you may be able to decide a way to abolish war from all the world so that mothers do not need to take care of the babies all alone."

"Can't Gopal's mother marry again so Gopal can have a father?"

"Yes, a mother can always marry again when the father of her babies dies-if she cares to do so. And although the second man she marries is not actually the babies' real father, he takes the place of the father in the home life and we call him a step-father."

"Do children ever have a step-mother?"

"Yes. If their own mother dies, the father can marry someone else, and person he marries will be the children's step-mother."

"Then do all the children have to be babies again and grow in her body?"

"No After babies are born they never return to the mother's body, no matter what happens to the father or mother. The step-parents must take the children as they are."

"Can a step-mother have another baby grow in her body?"

"Yes. The step-mother can have her own babies with the new husband. Then her new babies are half-brothers or half-sisters to the ones she had with her first husband, as well as to any children her second husband may already have."



"I am glad you picked Daddy to be my father- but how did, you know he was going to be my father?"

"Because I would never let anyone else be the father to my babies. You see I love him best of all and that's why I wanted him to be your father, and that's why I wouldn't let anyone else be your father."

"How will I know who will be the father to my babies?"

"You can know just the same as Daddy and I did. You see when two people love each other more than anyone else in the world they just naturally want to be together, in all their work and play- and they want to share each other's gladness and sorrow, too. They know that the babies they hope to have are going to be the most precious things in life for them. So each of them naturally wants the one loved most to be the one to share this happiness. So people get married and get the home all ready. And when the baby comes there is the father you love the most of all in the world. And that is what makes a happy family. And that's the best recipe I know of for how to get the father for your own babies. And when you grow up you will find that it all happens just naturally."

"Why does the big black dog Jump up on our Trixie? Is he fighting?"

"No, the big black dog and trixie are not fighting. That is the dog's way of mating with trixie."

"Why do they do it? I don't want any big dog to hurt Trixie.?"

"She is not being hurt, she wants the big black dog as much as he wants her. It's their way of having sexual intercourse, and may be after a while there will be some little puppies that come from their intercourse. Then the big black dog will be the father of Trixie's puppies."

"Are they married?"

"No dog's do not get married and do not make a home for their babies. Very soon after being

born the little dog's must take care of themselves. We think we have a much better way for our babies."

"Is the big black dog father of Muffy's babies too?"

"No dog's are never the father's of kittens. It's the father cat that is the father of Muffy's kittens. Every animal has a father and a mother of its own kind. No animal can be mother or father to a different kind of animal."

"Which is the father of Muffy's kittens?"

"We don't know. Sometimes we can guess which father cat is the father of the kittens because they are likely to have the same colouring as their father. Muffy's kittens are all exactly like her; so, we don't know who the father is. Birds are more like people in their mating. They choose their mates for the whole summer and make the home and take care of their babies together until the baby birds are able to make care of themselves. The mother bird lays the eggs and keep them warm until they hatch. The father bird takes care of her and brings her food while she is sitting on the eggs."

"Do mother of babies ever have to lay an egg for the baby to hatch out of?"

"No, it's only the bird family that lay eggs- and snakes and other reptiles. But human mother carry their babies so long that the baby has time enough to grow into a full formed little person who does's need to hatch out of an eggshell."

"Why is a baby sometimes born with a clubfoot?"

That is one of the misfortunes that we cannot control. We don't know how it occurs. Most babies are born whole, sound and healthy; but sometimes something goes wrong with the formation of the bones and then the baby is born crippled. Clubfoot is one of these deformities. We do not know how it can be prevented, but we do know ways and means of curing many crippled conditions, so that many babies born crippled can be cured."

*to be continued.....*

## SPARETIME

Time or काल though a small word, is much more powerful and strong than one thinks. It is the word connected with everyone's life from Birth till final departure from this planet. All actions, happenings etc. are part and parcel of TIME and nothing escapes realm of time. The very essence of the small word is not come to think of it, the word time portrays following few common phrases into our day to day life:-

AA	BB	CC	DD	EE
One time	My time	Tea time	Record time	Vedic time
All "	Your time	Lunch time	Extra "	Victorian "
First "	Local "	Feeding "	Over "	Old "
Last "	Same "	Morning "	Opening "	Changing "
Long "	Right "	Office "	Closing "	
Short "	Wrong "	Bed "	Starting "	
Single "		Finishing "		
Double "		Against "		
Present "				
Life "				
Some "				
Part "				
Full "				
Fixed "				

FF	GG	HH	JJ	KK	LL
Flight time	Bad time	Nice time	In time	No time	Free Time
Waiting "	Difficult "	Good "	On "	Busy "	Leisure time
Transit "	Trying "	Pleasant"		Meeting"	
Flying "	Awkward "			Prime "	
Travelling"					

Most very common phrases one hears are falling under category "KK" above and yet one finds so called busy people playing and gossiping and when enquired, one generally gets following response:-

"We are passing time"

"We are killing time"

Are we killing time or time is killing us? Time is like a Saw each movement of saw cuts timber and each moment of time cuts (shortens) one's life span yet, these so called "No Time" generation, in addition to killing time, utilise their free time for Leisure time indulging in:-

T hinking of

I and

M y  
E Expectations

## I MARRIED A WOMAN

Our learned masters have really given good importance to time and this is so rightly reflected in the following quotes:-

Time never stops  
Time waits for none  
Time is a big healer

Time lost is ir-replaceable  
So forth and so on

In one of the group discussion, group leader enquired if one has spare time and the answers were : "No Spare time" "24 Hrs. are short," "We wish day has 26 Hrs," "Are you kidding" "You must be joking". In this extremely busy life who has spare time?

When one peeps seriously into one's life, one is bound to find some 'SPARE TIME' and as one does not know the value of time, one finds it difficult to put the 'SPARE TIME' to one's good use and benefit.

To value the real importance of time, one should begin with drawing "TIME BUDGET" in the order of one's priorities and one will certainly find 'SPARE TIME' which can skillfully be converted into 'PRIME TIME' as follow:-

for others	Prayer Time	Time
for self	Yoga Time	Time
	Satsang Time	
	Meditation Time	
	Seva Time	

**There by:-**

**T** Ranscending  
**I** ntellect (and)  
**M** ind (into)  
**E** TERNITY

**And that is the true value (essence) of Time.**

**T.D.Bhatia**

I married a woman,  
being a man,  
man kept dreaming  
about him getting mary,  
so did she,  
and it all happened,  
a kid 'came'  
a dolly too.

but all does not happen as,  
one wants,  
kid became a grand kid,  
and grew in that way,  
dolly too left dad and mama,  
and became grand dolly too.  
then came a baboo,  
a nice little chubby,  
always happy and made,  
others happy,

times went on and on,  
kid went away in far lands,  
dolly got her nest too,  
chubby remained with me,  
for a while a little while,  
he too went away,  
to far away lands,

the man and women are  
lonely again,  
just finished a job of,  
extending the existnce,  
nothing more nothing less,  
nest is empty once again.

now waiting for the calls,  
but they rarely come,  
papa is sad so is mom,  
but what to do,  
that is tha fate,  
of being a man

**Ashok M Gajria**

**SMALL BRIEF FOR PROGRAM DWARKA SOMNATH TRIP ORGANIZED BY OUR PUJ. PANCHAYAT.**

DEPARTURE DATE 13TH OCTOBER 2005 IN NIGHT BY TRAIN

ALL THE PASSENGERS HAD GATHERED AT STATION WELL IN ADVANCE AND HAD SURPRISE WELCOME BY SHREE ISSUBHA, SHREE BABOUBHA AND OF COURSE SHREE RAMBHAI (KOTA) AT PLATFORM NO.4 WITH ROSE PRESENTED TO EVERYONE.

14TH OCTOBER ARRIVED IN DWARKA IN AFTER NOON AT 3.00 P.M. AT DWARKA STATION. 2 BUSES WITH LUXURY 2 X 2 SEATS WERE WAITING AND ALL PASSENGERS WERE TRANSFERRED TO HOTEL AND WERE SERVED TEA WITH BISCUITS. LATER ON EVERYONE GATHERED AT SHREE DWARKADHISH TEMPLE AND FANTASTIC DARSHAN WITH AARTI.

NEXT DAY IN ON 15 TH OCTOBER MANY MEMBERS HAD EARLY MORNING MANGALA AND OTHER DARSHANS AND HAD BATH AT GOMTI RIVER AND HAD SEEN THE CHANGE OF DWAJA AT TEMPLE WHICH WAS A WONDERFUL EXPERIENCE FOR EVERYONE.

IN AFTER NOON EVERYONE AFTER TAKING LUNCH PROCEEDED FOR TOUR TO OKHA BET DWARKA BY BOAT AND OTHER PLACES LIKE GOPI JI BETHAK, SHREE

NAGESHWAR MAHADEV JYOTIRLING, LORD SHANKARA'S MONOLITH STATUE, SHREE VITHAL RUKMANI DEVI TEMPLE, TATA CHEMICALS (SALT) FACTORY AT MITHAPUR ETC. TEA SERVED ON THE WAY AND BACK IN EVENING FOR DINNER AT HOTEL.

ON 16TH OCTOBER SUNDAY MORNING DARSHANS AND EVERYONE DEPARTED FOR DARSHAN OF FAMOUS BETHAKS LIKE BARODIYA AND MUL GOMATA. PHOTOS AND VIDEO FILMS WERE ALLOWED FOR SHOOTING HERE. UNFORTUNATELY AT MANY PLACES AT IMPORTANT TEMPLES VIDEO AND CAMERAS ARE NOT PERMITTED.

IN THE EVENING WE HAD ABOUT 20 GUESTS FROM MITHAPUR FROM OUR COMMUNITY AND ALL OF THEM WERE VERY HAPPY TO SEE US AT DWARKA AND JUST NEAR TO THEM IN FACT THEY HAD INVITED ALL OF US TO MITHAPUR FOR DINNER BUT I INSISTED AND REQUESTED THEM TO VISIT US AND BE OUR GUEST ON BEHALF ON SHREE THATHAI BHATIA PANCHAYATA.PANIPURI, AND OTHER CHAT ITEMS WERE PREPARED ON THIS OCCASION.

ON 17TH WE DEPARTED FOR SOMNATH DARSHAN VIA PORBUNDER AND HAD DARSHAN OF HARSHAD MATA TEMPLE AND MOOL DWARKA IN BETWEEN AND REACHED IN LATE AFTER NOON AFTER HAVING SHORT VISIT TO MADHAVPUR BEACH AND BHALKA TIRTH ( SAMADHI PLACE OF LORD SHREE KRISHNA ) DINNER

WAS SERVED IN EVENING AT HOTEL TORAN AT SEA SHORE. EVERYONE HAD FANTASTIC POONAM DARSHAN ALONG WITH AARTI AT SHREE SOMANATHA. LATER ON FEW MEMBERS ABOUT 20 HAD SEEN LIGHT AND SOUND SHOW BETWEEN 830 PM TO 930 PM.

ON 18TH WE DEPARTED AFTER TEA IN EARLY MORNING TO GO TO SASAN GIR 2ND LARGEST IN INDIA AFTER CORBET PARK NEAR NAINITAL AND BELIVE ME FOR MOST OF THE MEMBERS IT WAS LIFE TIME CHANCE TO DIRECT FACE TO FACE WITH MIGHTY LIONS OF GIR AND WE SAW THEM NOT ONE BUT IN ALL TOTAL SIX LIONS A COMPLETE FAMILY. I WILL SCAN THE PHOTOES OF LIONS AND SEND YOU FROM MY HOME COMPUTER.

AFTER HAVING LUNCH AT GIR RESORTS IN JUNGLE WHICH WAS ANOTHER THRILLING EXPERIENCE AS FOOD WAS PREPARED WITH THE HELP OF FIRE AND WOOD AND NOT GAS....LATER ON WE REACHED TO SHREE JALARAM TEMPLE AT VIRPUR AND HAD CHECK IN AT CHOWKY DHANI RESORT IN EVENING AT RAJKOT. WE HAD KATHIYAWADI DINNER AND HAD CHANCE TO SEE MAGICIAN, AND MEET CULTURAL FOLKS FROM GUJRATI AND RAJASTHAN. YOUNGSTERS WENT TO DISCO FOR FUN AT RESORT.

NEXT MORNING WE HAD SWIMMING IN POOL AND AROUND 42 MEMBERS WENT TO RAJKOT BY BUSES FOR LOCAL SHOPPING AND RETURNED FOR LUNCH.

CHECK OUT WAS AT 1 PM. TO CATCH THE TRAIN AT 3.15 PM.

I AM SURE YOU WILL HAVE FULL IDEA NOW ABOUT COMPLETE TOUR AND ACTUALLY MORE WAS OFFERED THAN WHAT WAS ASSURED. AS UNDER : 1) ALL COUPLES HAD SEPARATE ACCOMMODATION AND WERE VERY COMFORATABLE. ACTUAL PLAN WERE TO KEEP 3 GUEST IN ONE ROOM.

2) INSTEAD OF 2 X 3 SEATER BUS I HAD ARRANGED 2 X 2 SEATS 2 BUSES WHICH WERE MORE COMFORTABLE.

3) AT SOMNATH AND RAJKOT RESORT EVERYONE HAD AC ACCOMMODATION INSTEAD OF NON AC AND NO CHARGES WERE TAKEN.

4) NEW PLACES WERE ADDED IN BETWEEN LIKE MADHAV PUR BEACH, SHREE HARSHAD MATA TEMPLE, JUNAGADH CITY, BHALKA TIRTH AT SOMNATH ETC.

WITH BEST WISHES AND REGARDS FOR EVERYONE.

**HEMCHANDRA JAVA.**  
**(TOUR CONVENOR)**

**Our senior members  
Shri Ram Lilwa,  
Shri Khubchand Asar,  
Shri Mannobha  
were very inspiring  
throughout the tour.**

**DWARKA SOMNATH TRIP PICTURES**



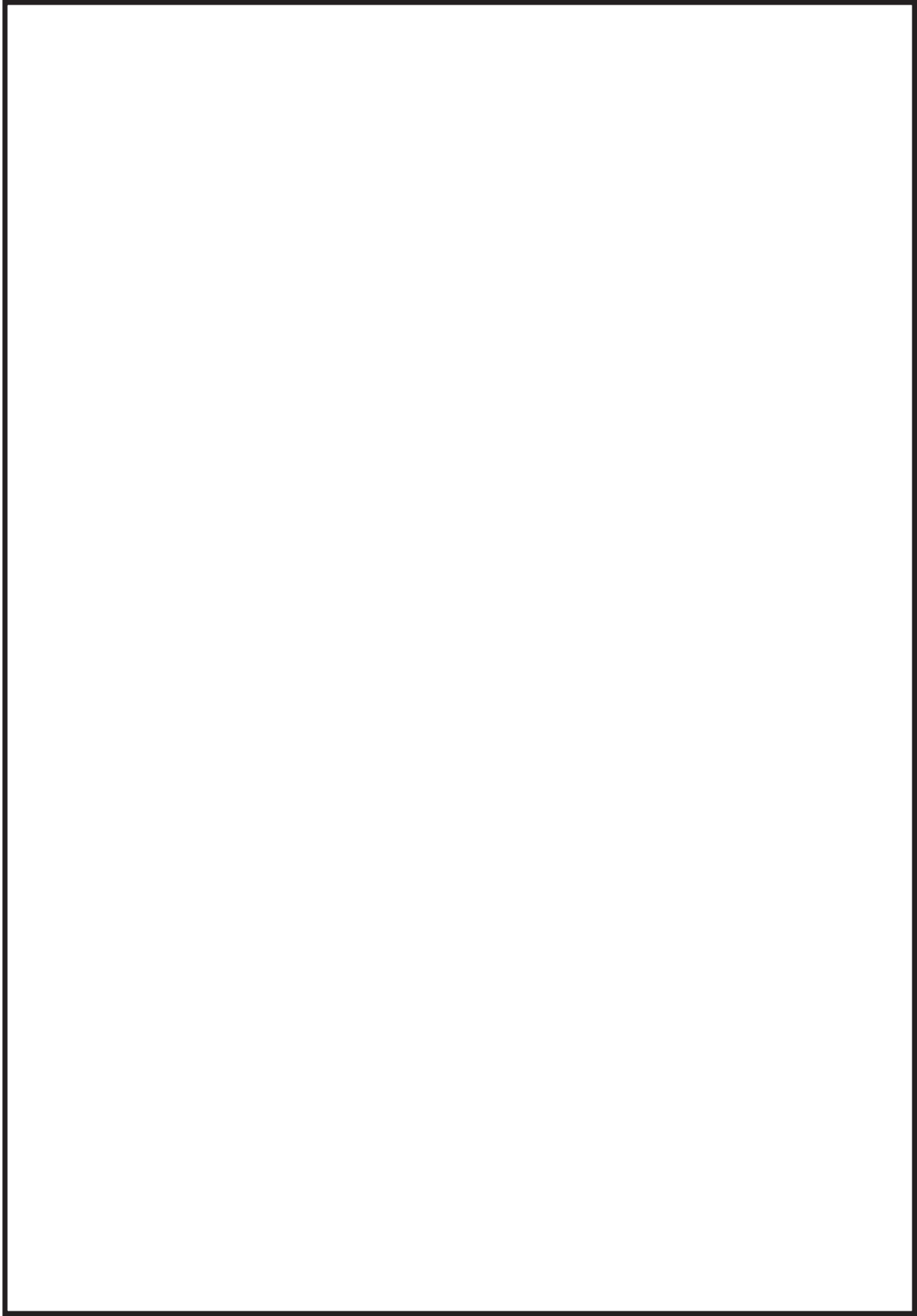
**SHREE SOMNATH  
JYOTIRLING TEMPLE**

**CHOWKY DHANI RESORT  
AT RAJKOT**



**AT BARADIA BETHAK  
NEAR DWARKA**

**Photographs by  
HEMCHANDRA JAVA**



## યાત્રા - પર્યટન

॥ શ્રી વલ્લભધીશો જયતિ ॥  
**ચંપારણની એક યાદગાર જાત્રા**

શ્રીનાથજી તો ઘણી વખત જઈ આવ્યા. ઘણી બેઠકજીઓ પણ કરી. ચંપારણ જે મહાપ્રભુજીનું જન્મસ્થળ છે. સૌથી જૂની પૌરાણિક બેઠક એજ છે. ઘણાં સમયથી ઈચ્છા હતી. ઓચિતા મારી નાણંદે કહ્યું કે આ વખતે ચંપારણ જઈએ. સાથ પણ સારો હતો બીજા પણ સંબંધીઓ ચાલ્યા. મનમાં તો ખુશી સમાતી નહોતી.

દુબઈથી આવી બીજે દિવસે જ ચંપારણ માટે નીકળ્યા બુકીંગ (Booking) પહેલેથી જ કરાવી રાખી હતી. કુર્લાથી જ્ઞાનેશ્વરી ટ્રેનમાં ગયા. લગભગ ૧૬ કલાક રાયપુર પહોંચતા થયા. રાયપુર જે મધ્યપ્રદેશ જે હાલમાં છત્તીસગઢ રાજ્ય તરીકે ઓળખાય છે. રાયપુર શહેરથી ૪૫ કિ.મી. દૂર ગાઠ જંગલની વચ્ચે ચંપારણ આવેલું છે. ત્યાંના જંગલ વિભાગે પણ એકપણ વૃક્ષ કાચું નથી. જે ઝાડની નીચે શ્રી મહાપ્રભુજીની માતાનો ગર્ભ પડી ગયો જેને મૃત સમજીને ત્યાંજ છોડયો, પછી માતાને સપનું આવ્યું તો એ જીવ જીવીત હતો. એ ઝાડ પણ હજી સુધી છે એક ઝાડની બખોલમાંથી કંઈ અદ્ભૂત અવાજ પણ સંભળાય છે. શ્રી વલ્લભાર્યનું વિ. સં. ૧૫૩૫માં પ્રાકટય થયું જીવોનાં ઉદ્ધાર કરવાનાં ઉદ્દેશથી વૈષ્ણવ સંપ્રદાય સ્થાપન થયો જેને “પુષ્ટિ સંપ્રદાય” કહેવામાં આવે છે.

રાયપુર સ્ટેશનથી પાકો રસ્તો છે ત્યાંથી એસ. ટી. બસો - પ્રાઈવેટ ટેક્સી વગેરે મળી જાય છે. ત્યાં પહોંચતા કંઈ અનોખો અનુભવ થાય છે. ત્યાં “સુદામાપુરી” ધર્મશાળાનું નિર્માણ થયું છે. બધી સગવડો એમાં મળી રહે છે. ત્યાંના સંસ્થાના કાર્યકર્તાઓએ પણ ઘણાં આદરભાવથી સત્કાર કર્યો. મંદિરની ગૌશાળા છે ગાયોની સારી માવજત થાય છે. જે વૈષ્ણવોને પરિક્રમાની ઈચ્છા થાય તો લગભગ ૪ કિ.મી. નાં

અંતરની પરિક્રમા કરી શકાય છે. જે બે કલાકમાં પૂરી કરી શકાય. રસ્તામાં ચણકુંડનું પ્રાચીન સ્થાન છે. જ્યાં મહાપ્રભુજીએ ચણ કર્યો હતો એને દંડવત કરી પરિક્રમા શરૂ કરી. રસ્તામાં રેતી, ચીકણી માટી, ખેતરોમાંથી પસાર થવું પડે છે. નજીકમાં માં મહાનદીનો પ્રવાહ છે જે વૈષ્ણવ પોતાની સાથે ઠાકોરજી પધરાવી જાય છે એને માટે ઘણી સુંદર વ્યવસ્થા હતી. પોતાની સામગ્રી પણ હાથેથી બનાવી શકાય છે. બેઠકની બાજુમાં ૫૦૦૦ ફૂટનો ભવ્ય સત્સંગ હોલ છે. જેમાં ભાગવત સપ્તાહ અથવા ધાર્મિક કાર્યક્રમો થઈ શકે છે. યાત્રીઓ માટે મંદિરમાં જ મહાપ્રસાદ (ભોજન) લેવાની વ્યવસ્થા છે. ઘણાં પ્રેમથી પ્રસાદ ખવડાવતા, એમનાં જેટલા વખાણ કરીએ એટલા ઓછા છે. બધું જ નિસ્વાર્થ. કહેવાય છે કે બેઠકજી મંદિરનાં બાંધકામ માટે કોઈ આર્કીટેક્ટ કે ઈંજીનીઅર ડીઝાઈનરની જરૂર મદદ નથી. શ્રી વલ્લભની કૃપા અને પ્રેરણાથી જ આટલો મોટો કારભાર થયો છે. આ બધી યોજનાની પાછળ મુખ્ય સર્જક - સૂત્રધાર “કર્મયોગી પૂજ્ય શ્રી કૃષ્ણદાસ અટીઆ” ની જ સેવા છે. જેમણી પોતાની આખી જીંદગી સેવામાં વિતાવી છે. આટલી ઉંમરમાં પણ આખી રાત જાગી ઓફિસ કામ કરે છે. એમની સાથે ૧ કલાક સત્સંગ કર્યો, સવાલ જવાબ થયા. એમને અમારા કોટિ વંદન પ્રણામ. ત્યાં ત્રણ દિવસ રહ્યા આખી જીંદગી ન ભૂલાય એવી યાદગીરી પોતાની સાથે લાવ્યા. એક વખત તો જરૂર જાત્રા કરવા જેવી છે, ત્યાં પહેલેથી જણાવીએ તો પૂરતી સગવડ મળે છે. અન્ય માહિતી જોઈતી હોય તો

“સુદામ ધર્મશાળા” ચંપારણ.

ફોન નં. ૨૭૭૭૧૧૧, ૨૭૭૭૧૨૧

આપ પણ જાત્રા કરી પોતે અનુભવ કરશો.

મંજુ ખીચરા

દુબઈ



## રક્તદાબ (બ્લડ પ્રેશર)

**બ્લડ પ્રેશર (રક્તદાબ)** વિષે આપ કેટલું જાણો છો ? તમારા જ્ઞાનની ચકાસણી કરવી હોય તો નીચે આપેલા પ્રશ્નોના જવાબ “ખરા-ખોટા” માં આપીને જુઓ. સાચા ઉત્તરો પ્રશ્નો પછી આપેલાં છે.

- ૧) જો તમારા મા-બાપને ઉચ્ચ રક્તદાબ (High Blood Pressure) હોય તો તમને પણ થશે.
- ૨) તરૂણ તથા પુખ્તવયમાં ઉચ્ચ રક્તદાબ થતું નથી.
- ૩) ઉચ્ચ રક્તદાબના લક્ષણો જણાતાં નથી.
- ૪) થકાવટ ઉચ્ચ રક્તદાબનું કારણ બને છે.
- ૫) ઉચ્ચ રક્તદાબથી જીવનને કોઈ જોખમ નથી.
- ૬) ૧૪૦/૯૦ થી વધારે રક્તદાબ, ઉચ્ચ રક્તદાબ કહેવાય છે.
- ૭) જો તમારું વજન વધારે પડતું હોય તો તમને ઉચ્ચ રક્તદાબ થવાની શક્યતા વધારે છે.
- ૮) રક્તદાબ અને હૃદયરોગને નિયંત્રણમાં રાખવા દરરોજ કસરત કરવી જરૂરી છે.
- ૯) સોડીયમ (મીઠું) રક્તદાબને અસર કરે છે.
- ૧૦) દારૂ પીવાથી રક્તદાબ ઓછું થાય છે.
- ૧૧) ઉચ્ચ રક્તદાબનો કોઈ ઈલાજ નથી.

**જવાબ :-**

- ૧) **ખોટું** - તમારા કુટુંબમાં જો ઉચ્ચ રક્તદાબ હોય તો તમને થવાની શક્યતા છે પણ નક્કી થશે જ એવું ન કહેવાય. જો તમારી ઉંમર વધારે હોય તો આ શક્યતા વધારે છે પણ દરેક વ્યક્તિ આનાથી બચવાના ઉપાયો કરી શકે છે.
- ૨) **ખોટું** - ૫૦ મિલિયન, ઉચ્ચ રક્તદાબથી પીડાતા અમેરિકનોમાંથી ૧૫ ટકા ૧૮ થી ૪૦ વર્ષની આયુ ધરાવે છે. આ બીમારી મરણ પર્યત્ત રહે છે એને અટકાવવા માટેના પ્રયત્ન શરૂઆતથી જ કરવા જોઈએ.
- ૩) **ખરું** - ઉચ્ચ રક્તદાબ અથવા Hypertension ના લગભગ કોઈ લક્ષણ દેખાતાં નથી એને “છુપું મારનાર” (Silent Killer) પણ કહેવાય છે. એટલે જ દરેકે નિયમિત પોતાનાં રક્તદાબની તપાસ કરાવવી જરૂરી છે.
- ૪) **ખોટું** - થકાવટ રક્તદાબને થોડા સમય માટે વધારી શકે છે. દાખલા તરીકે તમે બસ પકડવા દોડો અને

તમારું રક્તદાબ વધી જાય છે પછી આરામ કરવાથી નીચું જાય છે. જો રક્તદાબ કાયમ ઉંચી સપાટીએ રહે તો એ ભયજનક છે કારણ એ હૃદય અને રક્તવાહિનીઓને નુકસાન પહોંચાડે છે.

- ૫) **ખોટું** - પક્ષાઘાત તથા હૃદયરોગના હુમલામાં અને કીડની ફેલ થવામાં પણ ઉચ્ચ રક્તદાબ મુખ્ય ભાગ ભજવે છે.
- ૬) **ખરું** - ૧૪૦/૯૦ રક્તદાબમાં પણ પક્ષાઘાતનો હુમલો કે હૃદયરોગ થવાની શક્યતા વધી જાય છે.
- ૭) **ખરું** - વજન વધવાથી રક્તદાબ પણ વધે છે. એટલે વજન સમતોલ રાખવાની જરૂર છે. જો વજન ઘટાડવા ઈચ્છો તો અઠવાડિયામાં અડધો કિલો જરૂર ઘટાડી શકાય છે. ચરબીયુક્ત પદાર્થો તથા વધારે કેલેરીવાળો ખોરાક છોડી શકાય.
- ૮) **ખરું** - શારીરિક શ્રમ (કસરત) તમારું હૃદય મજબૂત કરી ઉચ્ચ રક્તદાબને નિયંત્રણમાં રાખે છે વધારે વજનવાળી વ્યક્તિ જો શારીરિક શ્રમ કરનારી અને સ્ફૂર્તિલી હોય તો તે ઉચ્ચ રક્તદાબને અટકાવી શકે છે. દરરોજ ૩૦ મિનિટ શારીરિક શ્રમ કરવો જરૂરી છે. જેવું કે રોજ ચાલવા જવું એક સાથે ન કરી શકો તો દિવસમાં બે વાર ૧૫ મિનિટ માટે પણ કરી શકાય.
- ૯) **ખરું** - મીઠું સોડીયમ અને કલોરોઈડ નું મિશ્રણ છે. અને સોડીયમ રક્તદાબને અસર કરે છે. એટલે એ જોવું જરૂરી છે કે તમારા ખાવામાં કેટલું સોડીયમ આવે છે. ઉચ્ચ રક્તદાબ વાળી વ્યક્તિએ દિવસમાં ૬ ગ્રામથી વધારે મીઠું ખાવું ન જોઈએ.
- ૧૦) **ખોટું** - વધારે પડતાં કેફી દ્રવ્યો કે પીણા લેવાથી રક્તદાબ વધી શકે છે. પુરૂષોએ દિવસમાં ૨ પેગથી વધારે અને સ્ત્રીઓએ એક પેગથી વધારે આ પીણા લેવા હિતાવહ નથી.
- ૧૧) **ખરું** - પણ ઉચ્ચરક્તદાબ પર નિયંત્રણ રાખી એનો ઉપચાર શક્ય છે. તમારી જીવનશૈલી માં બદલાવ, વજન પર નિયંત્રણ, શારીરિક શ્રમ, મીઠાનું સપ્રમાણ અને જરૂરી લાગે તો ધ્યાન (Meditation) આ બધું અપનાવવાથી લાંબુ અને નિરોગી આયુષ્ય ભોગવી શકાય છે.

(નેશનલ હર્ટીટ્યુટ ઓફ હેલ્થ (U.S.) ના સૌજન્ય થી)

ઈલા શાહ

## **FORMATION OF PANCHAYAT'S**

Panchayat dates back to ancient period, An assembly of five persons and more got together and formed a Panchayat.

Village Panchayats :- Every village had its own Panchayat, its function was to help and assist the villagers in time of need.

Grand Panchayat (Federation) for Villages :- To resolve disputes between two or more villages over land boundaries and wandering of cattle, Grand Panchayats were formed.

Gram (Municipality), Gram Miny (Head or Mukhi) :- Gram or Gaam means village having more than one street. The Aryans formed Grams for maintenance of streets, cleanliness, and security. To head the Gram, a Gram Miny (Mukhi) was appointed. Expenses incurred for upkeep was contributed by all to Gram Miny.

Local Government :- The Aryans formed a body for Local Governments. A Gram Miny overseeing 100 villages was called 'Shatpati' or owner of 100 Villages. Even today (1946/1947) in Zilla Rohtak (Panjab) the panchayat consists of 84 villages called 'Chorasi Khera'.

In Sind, the district of Sahiti consisting of navshero, Feroz, Bharya, Tharoo Shah Pad Yeedan, Mith Yani, Chanija etc. have (1948) one Grand Panchayat.

Mukhi & Mukhiya :- In Rig-ved days & person was elected to head the post of Mukhi. Persons elected were respected and

considered in high esteem by the voters.

They were looked upon as fathers. Even now (1946/47) on every New Moon, Diwali and other auspicious days people in villages, towns & cities prostrate to Mukhi or Mukhiya.

Settlement of Disputes :- Hardly any dispute was referred to an Arbitrator. All disputes were referred to Gram Muni or Mukhiya of the villager Panchayat, who would then summon four other members of the village (Panchas) and in consultation with them and considering God as his witness, Gave his Award which would then be final and binding on all. The Panchas were called panch Parmeshwaran (God).

King Akbar approved this system and adopted it in his court.

(The Hindus are religious, affable, Cheerful, lovers of justice, given to retirement, able in business, admirers of truth, grateful and of unbounded fidelity, and their soldiers know not what it is to fly from the field of battle Samuel Johnson : India p.294)

Later the Kings took over the functions of Mukhiya, and people voluntary paid taxes and joined the army but Panchayats continued.

Rajniti, Jorjak, Political Organisation :- The Aryans induced families of one Nukh to live together under one roof. This was called Kul or Parivar. If the settlement had more than one Kul or Parivar, it was called Gotra, meaning Larger or Maha Kul.

When the population of Gotra grew, it was

called Goth (Village). As the size of Goths expanded and distances between one Goth to another became shorter a Gram was formed.

Population of 1000 persons was called Vish (Canton or district). The inhabitants were called Vish. Vish, meaning residents. Later they were divided in four groups.

Word Vaish was derived from Vish and included persons who were Abadgar (farmers), Traders, and Kasbi (craftsmen).

City :- as the population grew, cities were built. The word 'Pur' as described in Rig Ved, means City. Even in Sindhi we use Pur like Mirpur, Kherpur, Shikarpur etc. in Sanskrit Pur means fort. In ancient times, every settlement, village, town, and city had a wall around it. People lived within this wall which was called Fort.

Shikarpur was built inside a Fort in the year 1617 AD. The Fort had eight gates. Each gate was known by its name viz : Lakhi Gate, Hathi Gate and so on.

In the year 1728 AD, Karchi was built and it also had a Fort around it with two gates, one named Kharo Dar (Salty Gate). And other Mitho Dar (Sweet Gate).

Fort :- Word 'Durg' is mentioned in Rig Ved, Which means 'Fort' Within the Fort there was a smaller Fort (Castle) where the Rulers lived and administered the Government.

Compiled From

**"Sindhu Darshan"**

By - **Smt. Vasanti P. Asarpota.**

## **Shree Vallabh Sukhdham**

SEPTEMBER Programme held:

- 1 Written examination on Praveshika, Pushti-Pravesh, Pushti-Path and Pramey Ratna Sangraha was held on September 18, 2005 at (3.00 to 6.00 pm.)
- 2 Written examination of Kirtan was held on September 24, 2005 at (2.30 to 5.30 pm.)
- 3 A quiz program for youngsters presided by Pujya Shri Yogesh Bawa was held on September 25, 2005 at 4.30 pm. To 8.00 pm. 16 persons participated.
- 4 Oral examination of Kirtan was held on September 26, 2005 at (2.30 to 7.30 pm.)

### **SHREE VALLABH PUSTAKALAYA**

In Shri Vallabh Pustakalaya, Vaishnavas visit to get Pustimargiya books and sit there for study.

### **SUKHDHAM Sanganak Kendra (Computer Center)**

The Computer Center is working smoothly. At present there are 3 batches of 6 students each. The computer center has been shifted to Mahila Vikas Mandal to conduct more other courses, and to give wideranging services in computer learning.

**Lalchand T. Gajria**

The managing committee of TBSF acknowelge with thanks for the donation of books by Shri Ram Lilwa which comprises of the books Accounts Religion & Miscellaneous.

Shri Ashok M. Gajria has also donataded a number of books for Vallabh Sukhdham our thanks to him.

## INSTITUTIONAL & COMMUNITY NEWS

Healthy living concept has been initiated with an aim to reach out to our brothers and sisters in Mumbai through awareness and health check up camps focussing on various general and lifestyle ailments. The idea is to bring "wellness" to your doorstep and promote healthy living. Listed below are details.

Free Health Camp was held on 4-9-05 for checking of risk factors of heart disease. These include checking of diabetes, obesity i.e body mass index, checking of blood pressure, ECG. etc.

Venue -- Hall No. 4

The response was very good and large number of community brothers attended the same. About 90 persons were benefited.

**Jairaj Chellaram Asarpota.**

**Other activities:** All other actives like Yoga Centre, Piyau, Mahila Vikas Mandal, sanatorium facilities Sukhdham Sanganak Kendra (Computer Center) are functioning well. Financial Aid comprising maintenance, educational and medical aid-are are followed up properly.

Yoga Shibir: The shibir on Yoga and Kriyayoga, eighth of its kind at Kandivali was held between 26th Sept to 29th Sept at Hiranand Gajria Yoga Centre by Maharshi Patanjali Yoga Mandal. The Shibir got overwhelming response at the time of enrolment. The shibir was conducted in morning session (6.10a.m. to 8.10 a.m.) Was on Yoga Sutra where as the contents was on asans and programs were explained in simple and lucid style to the participants, shibir was appreciated by one and all the participants

**Lalchand. T. Gajaria.**

### Institutional News

#### Annual General Meeting T B S F

At the Annual General Meeting the elections were held on 11th September, 2005 for the post of trustees & members. Of the New Managing Committee. For the year 2005/2006.

#### Trustees

1 Hon President / Trustee :-	Shri Khubchand Muljimal Asar	Tel : 28823192
2 Hon Managing Trustee :-	Shri Issardas H. Asarpota	Tel : 28011836
3 Hon. Gen. Secretary / Trustee :-	Shri Ashok M GajriaY	Tel : 28056254
4 Hon Secretary / Trustee :-	Shri Ram D. Khianra	Tel : 28684595
5 Hon. Treasurer / Trustee :-	Shri Navinchandra H. Gajria	Tel : (R) 23522220 (O) 22663269
6 Trustee :-	Shri Bhagwandas H. Gandhi	Tel : 28080701

#### Managing Committee Members

1 Hon. Vice President :-	Shri. Uttam Hemandas Bhatia	Tel : 28053329
2	Shri. Mohanlal M . Bhatia	Tel : 28071197
3	Smt. Nirmala Khubchand Asar	Tel : 28823192
4	Smt. Rukmani Lalchand Gajria	Tel : 28055312
5	Shri. Jairaj Chellaram Asarpota	Tel : 28071701
6	Shri. Chandrasen A. Bhatia	Tel : 28085770
7	Shri. Hemchand Naraindas Java	Tel : 28050136/28630820
8	Smt. Indira Ashok Gajria	Tel : 2856254
9	Shri. Lakhmichand V Chandrapota	Tel : 28080315
10	Shri. Mohanlal Chunilal Bhatia (Udeshi)	Tel : 2368-3406

**Lalchand T. Gajria**

### **Institutional News Panchayat**

The Annual General Body Meeting of the panchayat was held on Sunday the 11th Septemder 2005 at Thathai Bhatia Shewa Fund premises at Kandivli at 12.00 noon sharp.

The report and the accounts for the financial year 2004-2005 were approved and adopted. The meeting elected Hon. President and the Vica President as also seven members to the Managing Committee for the year 2005-2007.

The panchayat membership stood at 1062 at the end of the year after admitting 22 persons as members and deleting the names of 20members due to the death.

At the end of the meeting, light refreshments were served to the **present** members.

The following office bearers were elected for the year 2005-2007.

1. Shri Issardas H. Asarpota  
Hon. President
2. Shri Ashok M. Gajria  
Hon. Vice President
3. Shri Ramchandra T. Gajria  
Hon. Gen. Secretary
4. Shri Lalchand T. Gajria  
Hon. Joint Secretary
5. Shri Navin H. Gajria  
Hon. Treasurer
6. Shri Kishindas V. Diwan Committee  
Member
7. Shri Khubchand Muljimal  
Committee Member
8. Shri Uttam H. Bhatia  
Committee Member
9. Shri Hemchandra N. Java  
Committee Member

### **SHRADHANJALI**

We regret the Sad demise of the following brothers and sisters of our community and express our sympathies to the berieved families.

<u>Date</u>	<u>Name</u>	<u>Age</u>
12/08/05	Anita W/o. Suresh V. Gokal-Gandhi	54
19/08/05	Thawerdas Issards Kikla (Negandhi)	84
27/08/05	Rukmani Purshottam Gandhi	75
4/09/05	Devkibai Chellaram Asarpota	84
13/09/05	Jamna Thakurdas Lilwa	76
18/09/05	Gomtibai W/o. Tulsidas K. Asarpota	71
20/09/05	Kirtika D/o. Jawahar Gokaldas Chowdhry	20
5/10/05	Gordhan Versimal Chandrapota	73

**For SHREE THATHAI BHATIA PANCHAYAT**

**Hon. Gen. Secretary  
(Ramchandra C. Bhatia)**

### **भगवान**

भ से भूमि यानि पृथ्वी,

ग से गगन यानि आकाश

व से वायु यानि हवा,

ऽ से आग यानि अग्नि

न से नीर यानि पानी

इस प्रकार 'भगवान' शब्द पाँच तत्वो से मिलकर बना है। इन्हीं पाँच तत्वों का निर्माण कर भगवान ने मानव को निर्मित किया व मृत्यु पश्चात चर नश्वर शरीर इन्हीं पाँच तत्वों में विलीन हो जाता है।

हेमलता आर. भाटिया (इन्दोर)

## THATHAI BHATIA SHEWA FUND

Shri Fatechand Shewaram Nagar, Shankar Lane-Kandivli, BOMBAY - 400 067

### Form For Vasti Patrak

(PLEASE SEND THIS FORM DULY FILLED)

Name (In Full) : \_\_\_\_\_

Father's/Husband's Name : \_\_\_\_\_ Grand Father's Name : \_\_\_\_\_

Surname (Nukha) : \_\_\_\_\_ Family Name : \_\_\_\_\_

Age : \_\_\_\_\_ Educational Qualifications : \_\_\_\_\_

Profession : \_\_\_\_\_

Permanant Address : \_\_\_\_\_ TelephoneNos.(s). 1. \_\_\_\_\_  
in India \_\_\_\_\_ 2. \_\_\_\_\_  
\_\_\_\_\_

Business Address : \_\_\_\_\_ Telephone Nos.(s).1. \_\_\_\_\_  
\_\_\_\_\_ 2. \_\_\_\_\_  
\_\_\_\_\_

Fax No.(if any) \_\_\_\_\_

Address Abroad : \_\_\_\_\_ Telephone Nos.(s). 1. \_\_\_\_\_  
\_\_\_\_\_ 2. \_\_\_\_\_  
\_\_\_\_\_

#### DETAILS OF FAMILY MEMBERS (WIFE, CHILDREN & DEPENDANTS)

Names	Relation	Age	Educational Qualifications	Engaged/Unmarried/Widow(er)
	Wife			

Name of Wife's Father : \_\_\_\_\_

Chidren &/ OR Dependants

Names	Relation	Age	Educational Qualifications	Engaged/Unmarried/Widow(er)

Any other Information You would like to give :

Signature : \_\_\_\_\_

Notes : 1. Members can fill up Forms on behalf of relatives under their signature, giving all the above mentioned details.

2. Kindly return this form duly filled in the envelope enclosed herewith.

3. Kindly fill in separate Form for each Married Son.

4. Dependents to include : Widow Mother - Sister, Unmarried Brothers - Sisters only.

**For Office only.**

Serial No. : \_\_\_\_\_ Area : \_\_\_\_\_ Family No. : \_\_\_\_\_

*Dear Brothers and Sisters,*

The Trustees and the Members of Managing Committee of Thathai Bhatia Shewa Fund are pleased to announce an Annual Get-Together on Sunday the, 18th December, 2005 at 4.30 p.m. at Shewa Fund Auditorium Dagara Matushri Mandir, Kandivli (West).

Education : It has been further decided to have Merit Prize distribution for the students with outstanding performances at Annual Examination during academic year 2004-2005. Students of Schools, colleges or Universities confirming Diploma or Degrees at Annual Examination during the academic year 2004-2005 only will be eligible for Merit Prizes. Only those students who have been studying in India will be eligible for the prizes.

The merit prizes are as under :

Category	Standard	1st Prize Rs.	2nd Prize Rs.	Consolation Prize Rs.
I	Class I to IV	150	120	100
II	Class V to X	200	150	120
III	F.Y.J.C. & S.Y.J.C.	300	250	200
IV	1st & 2nd Year of B.A./B.Com./B.Sc. 1st, 2nd & 3rd Year of B.E./M.B.B.S./B.Pharma/B.B.A.	350	300	250
V	Govt. Recognised Diploma after 12th Std. (Please mention on Marksheet Duration of your course and which year i.e. 1st, 2nd or 3rd.)	350	300	250
VI	Degree in each Faculty	400	350	300
VII	Pre-Post Graduate Exams	500	400	350
VII	Post Graduate Degree	700	550	500

**Category I :** The First and the Second Prize will be given to the highest percentage marks holders and consolation prizes to all those who secure 70% marks or above.

**Category II :** the First and the Second Prize will be given to the highest percentage marks holders and consolation prizes to all those who secure 60% marks or above.

**Category III to VIII :** The First and the Second Prize will be given to the highest percentage marks holders and consolation prizes to all those who secure 50% marks or above.

Any 1st and 2nd prize won by students of all ages in Sports and Fine Arts at school and college level also to be submitted for consideration.

**Note No. 1 :** Every student must send **XEROX COPY OF MARKSHEET ON OR BEFORE 17th Nov.2005** alongwith the following details :

- i) Marksheet must show Name and Address of School/College/Educational Institution.
- ii) Full name of the student with Surname.
- iii) Parents full Name, Address and Telephone No.
- iv) Membership Number of Thathai Bhatia Shewa Fund of Student/Parent must be given. Your membership No. is appearing on top of the Mailing Address Label.
- v) Kindly note that Mark Sheets received without above details or after **17th Nov. 2005.** will not be eligible for prizes.

**Note No. 2 :** Merit Prizes will be distributed only to those who will be personally present at the Function

**Note No. 3 :** The Decision of the Managing Committee regarding the merit Prizes will be final and binding on all those who have submitted their Marksheets before the mentioned date i.e.: **17-11-2005** and no complaint in this regard will be entertained.

**ENTERTAINMENT PROGRAMME :** Like every year, this year too, we will have a Cultural Programme and all Members and their children can participate in the following events :

- 1. FANCY DRESS FOR CHILDREN : 3 years to 10 years of age**
- 2. SINGING /DANCE PERFORMANCE : 11 years of age and above**

All the participants will be suitably rewarded.

Maximum 10 minutes will be given to each participant for singing, dance performance. **Any filmy song or related item has to be approved.** All interested participants should submit their details such as Name and Age with complete Address, Telephone Number and Membership Number of Self/Parents with details of items they intend to participate/perform to the Manager of Shewa Fund latest by **17-11-2005**.

**This year, the practice will be conducted in the Shewa Fund premises under the supervision of our Committee members and suitable choreographer.**

**It is suggested that all Married Adults should get themselves enrolled as Life Members of Thathai Bhatia Shewa Fund.**

**All members are requested to intimate the change of address if any to the T.B.S.F. so that the same could be updated in TBSF records.**

All members are requested to be present in time to make the programme successful.

Yours brotherly,  
Ashok M. Gajria  
(Hon. Gen. Secretary)

Date : 10-10-2005

**THE PRESIDENT, TRUSTEES &  
THE MEMBERS OF THE MANAGING COMMITTEE**

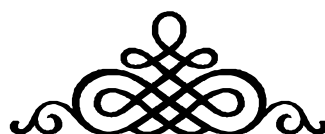
*Cordially invite you along with your family to participate in  
Annual Get Together and Merit prize Distribution programme  
and thereafter to "DINNER"*



**ON SUNDAY 18th DECEMBER at 4.30 pm  
at THATHAI BHATIA SHEWA FUND**

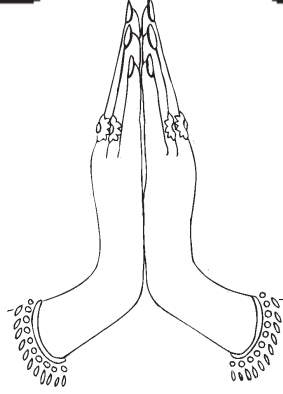


**Entertainment & Merit Prize Distribution 4.30 pm to 7.00 pm  
Dinner 7.00 to 9.00 pm**



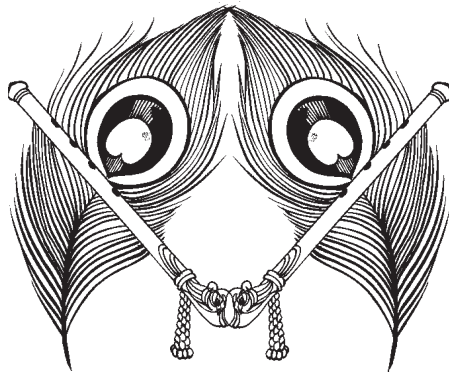
Ashok M Gajria.  
Hon.Gen.Secretary.





**With Best Compliments**

FROM

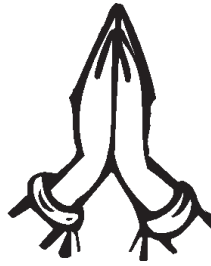


**THATHAI BHATIA'S BAHRAIN**

**P.O. Box 1498**  
**Tel.: 17270259, 17256131**  
**E-mail : [thattai@batelco.com.bh](mailto:thattai@batelco.com.bh)**

प्रीती भगवत-धर्म है भगवानने अपने इस  
सुखको सभी जीवोंको न्यूनाधिक बाँटा है  
ताकि सभी सुखका अनुभव कर पाय. अतएव  
जहाँ हमारी प्रीती जुड़ जाती है वही हम सुख  
लेने लगते हैं.

(सुबोधिनी)



*With Best Compliments From*

**Kewalram & Sons**

P.O.Box No. 2719 DUBAI (U.A.E.)

P.O.Box No. 84 BAHRAIN (A. GULF)



With Best Compliments From

कोई भी मार्ग निष्ठाके अभावमें फलप्रद  
हो ही नहीं पाता. यह निष्ठा फलको पानेके  
केवल मनोरथ या केवल वाणीविलास के  
द्वारा नहीं परन्तु साधनोंके अनुष्ठानद्वारा ही  
प्रकट हो पाती है.

(तत्त्वार्थदीपनिबन्ध)

**Shri Haridas Viroomal Gandhi**



**AIR SEA  
TRAVELS & TOURS**  
(Estd : 1977)



*We wish to thank all our valuable  
clients & Community members for  
continuous support*



&



*We wish all a  
very Happy New Year  
& Happy Diwali*



*with best wishes from  
Hemchandra N. Java (Bhatia)*

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