

SAMVAD

SHREE THATHAI BHATIA COMMUNITY BULLETIN

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Thathai Bhatia Shewa Fund
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BOOK - POST



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"स्वागत में नव वर्ष के "

केले के पत्ते हरे, चावल, शहद, गुलाब ।

स्वागत में नव वर्ष के हवा लिखे शुभ लाभ ।

नये वर्ष, बोली हवा, झुक, इमली के कान ।

पगडंडी पर कर गवा, जादू रात सिवान ।

महानगर, कस्बे, शहर, जंगल, गांव, सिवान ।

सबके होठों पर रचे, नया वर्ष मुस्कान ।

कुछ कोशिश, कुछ हौसले कुछ उम्मीदे संग ।

नये वर्ष के द्वार पर, बिखरे कितने रंग ।

इच्छायें, शुभ लाभ यह, सुख दुःख, चिन्ता, हर्ष ।

सुख सपनों को जोड़ता, गणित खड़ा नव वर्ष ।

संकलित

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EDITORIAL

Dear Readers,

Let me begin this wishing all of you a Happy Prosperous New Year. The year 2007 has ended. Let me thank all the good people like you who made 2007 beautiful for "Samvad" our thanks to our regular writers who spare their valuable time to share thoughts with us. We also appreciate those new comers who had started writing to us recently. Our thanks to our regular advertisers as well as new additions in the list.

Since 2005 Samvad is published thrice a year i.e. Jan - April, May-Aug and Sept.-Dec. Presently it is sent by either Post or Courier. We have put the Samvad on net & can be copied at website : www.sevafund.net.in

We request readers to intimate their change of address. Let us come closer by interacting more. I pray that you be blessed with lovely year 2008.

Ram C. Bhatia

Apology

I apologize for unintentional mistake taken place in the statements of accounts and Hon. Gen. Secretary's report for the year 2006-07 where Shri Ram D Khianna was mentioned a committee member in place of being mentioned as a Trustee.

Ashok M. Gajria
(Hon. General Secretary)
TBSF

SHARE A RESOURCE

Mail your articles to:

The Editor,

Samvad,

Thathai Bhatia Shewa Fund.

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Mumbai - 400067.

Or Fax us on : (022) 28078719

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Articles may be edited for clarity, language, relevance and space.

This issue is also available online at www.sevafund.net.

EDITORIAL SUB COMMITTEE

Shri Lalchand Gajria
Miss. Pushpa Ne-Gandhi
Smt. Indira Gajria

ANNOUNCEMENT

Dear Readers,

SAMVAD presently is sent by either post or courier. Gulf-Bahrain & Dubai - few copies are sent through willing passenger. Often complaints are received for nonreceipt of Samvad.

It may be incomplete address, Change of address or Postal mistake whatever the reason. To eliminate such complaints, we propose that those readers who possess Email ID and willing to receive it on their Email should write to us addressed to Editor Samvad .

My email address is as follows & Membership Number Panchayat / TBSF.

I would like to receive my Samvad copy on email.

Name

Address

We invite from our readers contribution on the following topics relevant to our community :-

1. My vision of our community in the year 2010.
2. Decline in Pushtimarg value in our Community.
3. Need of the community functions that brings the community together.
4. Rising trends of divorces in our community - malady and solution.

The two best contributions in each category will be suitably rewarded. Editorial committee's decision will be final. Contribution may be in English, Gujarati, Hindi or in our diction of Thathai Sindhi (Gujarati or Devnagri)

Please send the advertisement money by cross A/c. Payee cheque in favour of **SHREE THATHAI BHATIA PANCHAYAT.**

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Reply your Mail/e-mail Addressed to : **EDITOR Ram C. Bhatia**

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CHINTAN

A couple of years back I wrote a column questioning about the reasons of our persisting dilemma in regards to our being Sindhis or non Sindhis. Though the article was well received by some of us among my age group or above but like in case of most of such community issues it too went almost unnoticed by the majority of our people particularly the people of youngest generation.

As a matter of fact while writing such articles and rather racking up such issues the intention is not to create any narrow mind sets in present times of ever broadening sense of being apart of the whole human family, none the less like persistent strong sense of individuality there too exists a need to feel as a specific group of people or in other words as I very commonly refer to 'a sense of belongings or believing in existence of certain roots.' The pains of rootless-ness are already narrated by me on several occasions through my writings in this bulletin.

The recent happenings in the state of Maharashtra was though a sort of storm in tea cup but did stir within, some thoughts leading once again to the same concept and its desired need that is to try and retain our sense of belongings in whatever proportion possible and permissible by the circumstances. The thought which very strongly emerged is about us being still immigrants in our own country as well abroad in spite of such a long duration of stay in these places.

Very recently while I surrendered my green card, that is a permanent stay in the country of immigrants called the United States of America I indeed was in a dilemma. I came to that conclusion after ten years of trying to make up my mind. Apart from my reasons of not getting affordable medical cover one of the reason

was a certainly my strong sense of belonging to this country, my guru, friends relatives and the community Institutes I work for. This is an aspect of belonging is one step away from my close family which resides in USA but its existence did provide me with some sense of mental security. However I feel that a closer relationship that is of our community ties seems to be dithering away and very little I or likeminded people can do about.

The main aspect of this worry is unawareness of our youth in this regard. And mind you I do not blame anybody but the circumstances. However a hope remains that something miraculous may happen and in a varying degree of realization through all may see through this very urgent and real issue of community ties.

Ashok Gajria

1) Holi Festival:

The Managing Committee of Puj. Shree Thathai Bhatia Panchayat proposes a "Holi-Celebration" on 21st March 2008 at 6.30 p.m.

All Panchayat members with their children will be welcome in this "Holi-Festival" and are requested to attend this function on time to make it a great success.

Members will be served with sweets and snacks.

Contact for any query:

Ms.Usha Bhatia Tel. No. : 28091770

For Shree Thathai Bhatia Panchayat

Issardas H. Asarpota Ramchand C. Bhatia

Hon. President

Hon. Gen. Secretary

Kishandas V. Diwan(Asarpota)

Convenor

LETTER TO EDITOR

RIISING TRENDS OF DIVORCE IN OUR COMMUNITY - MALADY AND SOLUTIONS

In the olden days, the habits and environment created by parents established the base of the children. This went in a long way to create the base of the children's values and helped in having ever lasting marriages, the joint family system and simple way of living, so needs were less therefore people were happier and marriages had no problems. Yes, small bickering was there but a relationship is never smooth, it has its ups and downs.

Nowadays weddings are planned with great expense and too much glitter and show with everything in the designer styles and some weddings are broken off one or two days before the wedding takes place. This is because there is a big gap between the engagement and marriage dates and the boy and girl get familiar with each other? Or is it that we all want to have that feeling of one upmanship than everyone? Is it because everyone is earning relatively more than their forefathers and have always had a comfortable lifestyle. Is it also because the generation of today has not gone through any struggle or hardship financially or otherwise?

Today the trend is of me and mine and my two children (Nuclear families). Everybody has become selfish because needs have increased. Sometimes in our community without the willingness of either the boy or girl the marriages take place which creates a basic rift in the wedding. We are also trying to ape the Western culture by having a few meetings before the engagement actually takes place. Has the effect of the girls being far more educated than the boys in our community also gave rise to the divorces? Girls who are in their late twenties have a great career and have become more independent. They feel they did not compromise on their choice of a husband. When their parents emotionally force them to get married this could be the core of the divorce later on. But that does not mean

education is to be blamed. Let us also encourage the boys to get a high level of education.

Solutions-Always get along in life according to your income. Do not get carried away by materialistic pleasures. The grass always looks greener on the other side. Have respect for the elders in the family. The youngsters should try to bridge the generation gap as the parents or elders have a lot of experience. They might not be trendy but their basic values are same. This way the train of life will reach the right station.

The elders should also realize the daughter-in-laws are working, so they should help and support them in whatever way, they can in running the household. They should treat the daughter-in-law more like a daughter and the bahu of the house should behave likewise and consider her in-laws like her parents.

Previously a small problem was solved in the house with the intervention of the elders between the husband and wife. Patience is negligible in the generation of today. Nowadays parents stay away from children. But husband and wife should confide with the in-laws and get their problems solved amicably. This way the respect will stay intact. Let us not forget no two individuals are same. Everyone has a good and bad side. Let us overlook the bad and accept the good.

Husbands who are less educated than the wife should not consider themselves inferior. The income of both combined is coming in the house and he should be large hearted to accept this fact. Even men who have an income lower than the women should not resort to drinking or other bad habits. Let us not forget the girl is the mother of your children. If she earns more - the money is being used in totality. This will also have a good and healthy effect on the children of the house.

Let us keep our basic values and traditions in mind making our future generations respect and be proud of our Bhatia community and also carry on the values in the same way.

Contributed By
Jyoti Ramesh Asarpota
(As narrated to me by my Mother-in-law
Ganga Ramchand)

*The Mercantile Hindu Community of
Thatta Sindh (Dubai)*



*Wishes
Colourful Holi and
Prosperous Cheti-Chand*

To Entire

Global Thattai Bhatia Community Members

**The Mercantile Hindu Community of Thatta (Sindh)
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ठट्टाई भाटियों में बदलते नाम

प्राणीजगत में नाम देना उसकी पहिचान दिलानी होती है। हम लोग भी छठी संस्कार करके बच्चोंका नाम देकर उसकी पहिचान करवा देते है। मेरा यह विषय इन नामों मे बदलाव को लेकर उसकी चर्चा करना है।

अपने ही परिवार मे नामों को लेते हुए, विचार करता हूं कि मेरे स्व. दादा का नाम करिबन १२५ वर्ष पहिले रखा गया होगा। उन दिनों शायद ब्राह्मण जो जन्मपत्री में राशीनुसार लिख आते होंगे वही नाम रखे जाते होंगे. - जैसे मगनमल, आसनमल, चांडूमल, किशनदास, टीकमदास, हेमनदास वगैरह वगैरह। यह मल, दास और राम नाम में पीछे क्यों लगता था, मुझे मालूम नहीं, हालाकिं नाम से वे लोग मगनभा, आसनभा, चांडूभा... ही जाने जाते थे। नाम भी काफी बड़े बड़े रखे जाते थे उसी प्रकार महिलाओं के नाम भी ज्यादातर देवीयों के नाम पर ही होते थे - जैसे जशोदा, देवकी, सीता, दमयन्ती....वगैरह।

प्रायः ठट्टाई भाटियों में नाम कें अलावा पहिला लड़का कामू के नाम से व लड़की काकरी अथवा काकी के नाम से जाने जाते थे, और यही नाम उनकी पहिचान रही थी। ठीक इसी तरह घर में पिता को 'भा' या उनके नाम से जुड़ा भी रहता था और मां को भाभी कहा करते थे और लोंगों से हटकर ठट्टे में बड़ी भाभी को या चाची को भाभरी कहकर पुकारा जाता था। प्रायः चाची और दूसरी भाभियों कों उनके नाम के आगे भाभरी जोड़कर सम्बोधित किया जाता था। कई बार तो जन्म वृण्डली में 'नखट' है, तो नाम भी आसरीबाई, मूलरीबाई, जेठीबाई....तथा

मूलजीमल, जेठामल देने की प्रथा रही थी.

कुछ सालों के बाद नामो में परिवर्तन आने लगा और करीब ६०/७० साल हुए नाम छोटे होने लगे - और पहिले की तरह मल, दास, राम वगैरह जुड़े नाम देना बन्द हो गये और नाम जैसे मंजूला इन्द्रा.... हरीश, रमेश वगैरह वगैरह देने लगे। पर शायद उस समय मे लोगों की सोच में कमी रही होगी मेरे ही घर में मेरे भाई व चाचा का नाम एक ही था 'चन्दू' उसी प्रकार मेरे चाचा की लड़कियों का नाम मंजू, इन्द्रा.. भी मेरी बुआ की लड़कियों का नाम भी वही था! क्या भाई बहेन दूसरे नाम रखने की सोच में असमर्थ थे - मुझे मालूम नहीं ?

कुछ और सालों बाद, नाम और भी छोटे होने लगे जैसे किशोर, जयन्त, पंकज वगैरह। यह सब नाम चाहे राशी पर हो पर सबकी सहमत्तिसे रखे जाने लगे।

और अब तो जन्म होते ही बच्चे मे मां-बाप खुद ही छोटे से छोटा नाम जो और किसी का भी न हो - जैसे यश, हर्ष वगैरह रख लेते है। कैसे यह बदलाव आ गया पता नहीं। आसपास देखता हूं तो लगता है यह नाम का बदलाव पारसीयों में नहीं आया, न ही मुसलमानों में और न ही मद्रासीयों में - पर हम ठट्टाई भाटिये बदल गये.

मां-बाप को भा, या भाभी की जगह मम्मी डेडी / पप्पा ने ले ली भाभरी शब्द तो निकल ही गया - उसकी जगह आन्टी ने ले ली। आज कें ६० / ७० साल बाद के बच्चे का भा, भाभी, भाभरी जैसे शब्दों को सुनकर हंसने लगेगे.

पाठक पढ़कर बुरा न माने !

ललित परमानन्द गाजरिया

WHO ARE THE SONS OF THE SOIL ?

This theory was promoted by the Congress at a time when they produced Bal Thackeray to unite the Marathi maanoos in the interest of the Congress party.

We know the results what happened that time and now his nephew is once again playing in the hands of the Congress and repeating history.

I just had a little talk with a policeman on duty and asked him, for how many years he has been living in Maharashtra. He said, since his birth some 40 years ago. I said, I have been living in Maharashtra since 60 years, after being thrown out of Sindh in Pakistan.

We Sindhis sacrificed everything for the sake of the freedom of the nation and by hard work and business acumen came up in life to offer the benefits to the nation.

Most of the city hospitals and colleges as well as several industries have been built by the Sindhis which are being used by all irrespective of their caste, creed or religion.

Then I asked the policeman, who has a bigger right over Maharashtra- me who has been living here since 60 years or he who has dropped from the heavens only 40 years back?

Who is a real Maharashtrian? He was dumb-founded.

Kumar Bhatia

नजरिया

एक न्यायप्रिय राजा सादा वेश में अकेले अपनी प्रजा की खैर खबर लेने निकला वह बगीचे में पहुँचा जहाँ एक वृद्ध माली नया पौधा लगा रहा था. उसे देख कर राजा ने पुछा“यह तो अखरोट जैसा पौधा मालूम पडता है. माली ने उत्तर दिया की भाई तुम्हारा अनुमान ठीक है. राजा ने कहा कि अखरोट तो बीस बाईस वर्षों में फलता है तब तक इस पौधे के फल खाने के लिए बैठे रहेंगे.

बात यह है कि हमारे बाप दादा ने इस बगीचे को खून पसीना एक कर लगाया था और फल हम लोगोंने खाये.

अब हमारा कर्तव्य है कि कुछ वृक्ष दूसरों के लिए लगा दें. अपने खाने के लिए पेड लगाना तो स्वार्थ की बात होगी. मैं यह नहीं सोच रहा हूँ कि आज इस पौधे की क्या उपयोगिता है. यह भविष्य में दूसरों को फल प्रदान करे बस यही इच्छा है.

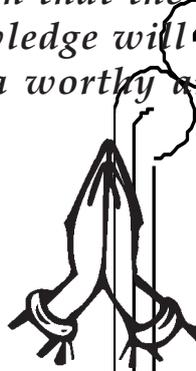
वृद्ध माली की बात सुन कर राजा बहुत प्रभावित हुआ ।

इस घटना से हमें यह शिक्षा मिलती है कि हमें समाज का काम -पू. ठड्डाई भाटिया पंचायत, ठड्डाई भाटिया सेवा फण्ड एवम केवल बाग का काम उसी नजरिया से करना चाहिए।

सब भाई बहनों को जय श्री कृष्ण ।

- श्री किशन वी. दीवान

Seva system in Pushtimarg is not a mere ritual like "Karmakand" but is the method of love of Vraj Bhaktas. Though, this seva system is quite broad in its original form. One should not feel disturbed thinking that a singular person living in a small flat cannot perform this. There is no fixed quantum of materials or strict rituals to be offered in our system of Seva but it is mainly based on pure love towards the sevyaswaroop (Yatha dehe tatha deve). A devotee in his own house can maintain the Seva according to limited time, place and facilities available to him throughout his life without disturbing his Deity, his family and his neighbor. We heartily wish that the visitor of the site with this knowledge will be able to make his Seva worthy and joyful.



With Best Compliments From

Kewalram Family

P.O.Box No. 2719 DUBAI (U.A.E.)

P.O.Box No. 84 BAHRAIN (A. GULF)

QUESTION ANSWERS WITH DR DEVI SHETTY

Transcript of a chat with Dr. Devi Shetty, Narayana Hrudayalaya

A chat with Dr. Devi Shetty, Narayana Hrudalaya (Heart Specialist) Bangalore was arranged by WIPRO for its employees. The transcript of the chat is given below. Useful for everyone.

Qn: What are the thumb rules for a layman to take care of his heart ?

Ans: 1. Diet - Less carbohydrates, more of protein, less oil

2. Exercise - Half an hour's walk, at least five days a week, avoid lifts and avoid sitting for a long time

3. Quit smoking

4. Control weight

5. Control blood pressure and sugar

Qn: Is eating non-veg food (fish) good for the heart?

Ans: No

Qn. It's still a grave shock to hear that some apparently healthy person gets a cardiac arrest. How do we understand it in perspective?

Ans: This is called silent attack, that is why we recommend everyone past the age of 30 to undergo routine health checkups.

Qn. Are heart diseases hereditary?

Ans: Yes

Qn.What are the ways in which the heart is stressed? What practices do you suggest to de-stress?

Ans: Change your attitude towards life. Do not look for perfection in everything in life.

Qn. Is walking better than jogging or is more intensive exercise required to keep a healthy heart?

Ans:Walking is better than jogging since jogging leads to early fatigue and injury to joints.

Qn. You have done so much for the poor and needy. What has inspired you to do so ?

Ans: Mother Theresa, who was my patient.

Qn. Can people with low blood pressure suffer heart diseases?

Ans: Extremely rare

Qn. Does cholesterol accumulates right from an early age

(I'm currently only 22) or do you have to worry about it only after you are above 30 years of age?

Ans: Cholesterol accumulates from childhood.

Qn. How do irregular eating habits affect the heart?

Ans: You tend to eat junk food when the eating habits are irregular and your body's enzyme release for digestion gets confused.

Qn. How can I control cholesterol content without using medicines?

Ans: Control diet, walk and eat walnut.

Qn. Can yoga prevent heart ailments?

Ans: Yoga helps.

Qn. Which is the best and worst food for the heart?

Ans: Fruits and vegetables are the best and the worst is oil.

Qn: Which oil is better - groundnut, sunflower, olive?

Ans: All oils are bad.

Qn. What is the routine checkup one should go through? Is there any specific test?

Ans: Routine blood test to ensure sugar, cholesterol is ok. Check BP, Treadmill test after an echo.

Qn. What are the first aid steps to be taken on a heart attack?

Ans: Help the person into a sleeping position, place an aspirin tablet under the tongue with a sorbitrate tablet if available, and rush him to a coronary care unit since the maximum casualty takes place within the first hour.

Qn: How do you differentiate between pain caused by a heart attack and that caused due to gastric trouble?

Ans: Extremely difficult without ECG.

Qn: What is the main cause of a steep increase in heart problems amongst youngsters? I see people of about 30-40 yrs of age having heart attacks and serious heart problems.

Ans: Increased awareness has increased incidents. Also, sedentary lifestyles, smoking, junk food, lack of exercise in a country where people are genetically three times more vulnerable for heart attacks than Europeans

and Americans.

Qn: Is it possible for a person to have BP outside the normal range of 120/80 and yet be perfectly healthy?

Ans: Yes.

Qn: Marriages within close relatives can lead to heart problems for the child. Is it true?

Ans: Yes, co-sanguinity leads to congenital abnormalities and you may not have a software engineer as a child

Qn: Many of us have an irregular daily routine and many a times we have to stay late nights in office. Does this affect our heart? What precautions would you recommend?

Ans: When you are young, nature protects you against all these irregularities. However, as you grow older, respect the biological clock.

Qn: Will taking anti- hypertensive drugs cause some other complications (short /long term)?

Ans: Yes, most drugs have some side effects. However, modern anti-hypertensive drugs are extremely safe.

Qn: Will consuming more coffee/tea lead to heart attacks?

Ans: No.

Qn: Are asthma patients more prone to heart disease?

Ans: No.

Qn: How would you define junk food?

Ans: Fried food like Kentucky, McDonalds, samosas, and even masala dosas.

Qn: You mentioned that Indians are three times more vulnerable. What is the reason for this, as Europeans and Americans also eat a lot of junk food?

Ans: Every race is vulnerable to some disease and unfortunately, Indians are vulnerable for the most expensive disease.

Qn: Does consuming bananas help reduce hypertension?

Ans: No.

Qn: Can a person help himself during a heart attack (Because we see a lot of forwarded emails on this)?

Ans: Yes. Lie down comfortably and put an aspirin tablet of any description under the tongue and ask someone to take you to the nearest coronary care unit without any delay

and do not wait for the ambulance since most of the time, the ambulance does not turn up.

Qn: Do, in any way, low white blood cells and low hemoglobin count lead to heart problems?

Ans: No. But it is ideal to have normal hemoglobin level to increase your exercise capacity.

Qn: Sometimes, due to the hectic schedule are not able to exercise. So, does walking while doing daily chores at home or climbing the stairs in the house, work as a substitute for exercise?

Ans: Certainly. Avoid sitting continuously for more than half an hour and even the act of getting out of chair and going to another chair sitting helps a lot.

Qn: Is there a relation between heart problems and blood sugar?

Ans: Yes. A strong relationship since diabetics are more vulnerable to heart attacks than non-diabetics.

Qn: What are the things one needs to take care of after a heart operation?

Ans: Diet, exercise, drugs on time, Control cholesterol, BP, weight.

Qn: Are people working on night shifts more vulnerable to heart disease when compared to day shift workers?

Ans: No.

Qn: What are the modern anti- hypertensive drugs?

Ans: There are hundreds of drugs and doctor will chose the right combination for your problem, but my suggestion is to avoid the drugs and go for natural ways of controlling blood pressure by walk, diet to reduce weight and changing attitudes towards life styles.

Qn: Does dispirin or similar headache pills increase the risk of heart attacks?

Ans: No.

Qn: Why is the rate of heart attacks more in men than in women?

Ans: Nature protects women till the age of 45.

Qn: How can one keep the heart in a good condition?

Ans: Eat a healthy diet, avoid junk food, exercise everyday, do not smoke and go, for health checkups if you are past the age 30 (once in six months recommended)

...

Send it to all your nearest and dearest



SUKHDHAM

Adhibautic Swaroop of Yamuna No More Existent *Yamuna pollution continues as government dithers*

Nero fiddled as Rome burned. The Delhi government and the Jal Board choose to wage courtroom battles - over deadlines to clean up the Yamuna - as the river submits to human abuse. Rivers are naturally life-giving. The Yamuna was one such. Its waters were clean and home to a variety of marine animal and plant life. But this is true no longer, despite a strong cultural and social tradition that is supposed to venerate the rivers as divinity.

The Yamuna is among the most polluted rivers of the world. And Delhi contributes 57 percent of the pollution by way of garbage, effluents, untreated sewage, animal carcasses and other waste. With little sewage being treated, the water is becoming more and more toxic. The Yamuna remains relatively static for nine months in a year, and so toxins, instead of getting flushed away, remain in the water and soil for long periods, polluting the water table of surrounding areas. Add to this untreated waste from authorised and unauthorised settlements on the river's banks.

The Supreme Court has issued several directives - since 1993 - asking the Delhi and Haryana governments to prevent untreated industrial effluents from being released into the Yamuna. The Delhi government has now appealed to the court to lift the stay on authorisation of illegal colonies that have mushroomed along the river but has done little to clarify how the huge funds - amounting to Rs 1,800 crore over 14 years, almost double the money spent in the Ganga Action Plan - allotted under the Yamuna Action Plan have been put to use. The math works out to almost Rs 100 crore per km of the 22-km stretch of the river running through Delhi - all gone literally down a drain. Though sewage plants have been set up as envisaged in the action plan, few function well. Most are underutilised. The reason is the absence of a proper trunk sewerage system to carry the load to the sewage treatment plants. Didn't those who executed these plans know that for sewage to be treated in a plant the stuff has to be first transported there through feeder pipes? Whether the Ganga Plan or the Yamuna Plan or any other large public project, why is that so little goes into planning and execution?

The Thames in London and the Danube and Rhine in Europe have faced worse pollution following industrialisation and poor upkeep. However, these rivers have now been returned to their original nature through concerted community awareness, local initiatives and speedy project implementation with accountability. Rivers are a part of the commons. Let's clean them before they are cleaned out.

Editorial TOI Feb.1 2008

THIS PAGE HAS BEEN SPONSERED BY
SHRI HARIDAS VIROOMAL GANDHI



Introduction of Makar Sankranti

Makar Sankranti is one of the most auspicious day is celebrated in almost all parts of the country in myriad cultural forms, with great devotion, fervor & gaiety. It is a day for forms, which Bhishma Pitamah kept waiting to leave his mortal cell.

Makar Sankranti is the day when the glorious Sun-God of Hindus begins its ascendancy and enters into the Northern Hemisphere. Sun for the Hindus stands for Pratyaksha-Brahman - the manifest God, who symbolizes, the one, non-dual, self-effulgent, glorious divinity blessing one & all tirelessly. Sun is the one who transcends time and also the one who rotates the proverbial Wheel of Time. The famous Gayatri Mantra, which is chanted everyday by every faithful Hindu, is directed to Sun God to bless them with intelligence & wisdom. Lord Krishna reveals in Gita that this manifested divinity was his first disciple, and we all know it to be indeed a worthy one too.

Makar Sankranti usually falls on the 14th January every year. It is said that the Earth rotates round the Sun in 365.26 days and not in 365 days as in the normal course. Therefore after 76 years Makar Sankranti is celebrated on the 15th January.

In our native land at THATHA (now in Pakistan)"UTRAN" (Makar Sankrant) was celebrated with great fanfare. Almost in each Para, an elderly person used to distribute Grains, Dals, Atta and Ghee etc. to the poor and needy and children were allotted duties to measure out 1 kg items and give alms. The poor were flooded from Para to Para to receive the alms.

This tradition, albeit in altered situation of the present times, is now celebrated every year by Kewal Baugh Trust (a public charitable Trust) by feeding the poor and needy.

This year too, on the 15th January 2008, the Trust organized the event by feeding the poor and the needy about 600 poor peoples of the area were fed wholesome Khichdi (this is the item traditionally cooked in every Hindu household on the Makar Sankrant day) with mixed vegetables curry, bread, and potatoes vada and teel ladoos. Bananas, oranges and other fruits donated in kind by the well wishers were also served after the meals.

This year the Trust also invited Brahmans to join in the feast. If the Trustees approve, it is proposed to invite next year and in subsequent years elderly brothers and sisters who receive maintenance grants from the Trust and from Shree Thathai Bhatia Shewa fund to participate in the celebrations of Makar Sankrant and join in the feast.

It is more worthy to remember that almost all the Trustees of the Kewal Baugh Trust were present on the occasion and enthusiastically extended their helping hand in serving the meals to the poor.

Some well wishers who were not able to actively participate in the celebrations sent their handsome donations and the trustees are indeed very much thankful to them. A list of donors is attached.

Kewal Baugh Trust, a public charitable institution, continuous to help the needy by giving them maintenance grants. It also distributes notebooks to school children every year and assists needy student with school fees.

**Issardas H. Asserpota
(Managing Trustee)**

INSTITUTIONAL NEWS

LIST OF MAKAR SANKRANT DONORS HELD ON 15-1-2008

SR. NO.	NAME	AMOUNT (RS.)
1.	THATTAI BHATIA COMMUNITY (BAHRAIN)	10000
2.	SHRI BABOOBHAI KEWALRAM & FAMILY	10000
3.	SHRI TOLARAM & FAMILY	5000
4.	SMT VIMLA PARMANAND BHATIA	1000
5.	MS MEESHA RAJ GANDHI	1000
6.	SHRI UTTAM H. BHATIA	555
7.	SMT.SATIBEN KHUSHALDAS BHATIA	555
8.	SHRI VINOD B. BHATIA	501
9.	SHRI VAISHNAV	501
10.	LATE PURSHOTTAMDAS ASSANMAL	501
11.	SHRI HAREN MULJIMAL & HEMLATA	500
12.	SHRI VAISHNAV	500
13.	SMT. SONY GANDHI	500
14.	SMT. SNEHA KARANI	500
15.	SHRI ISSARDAS H. ASSERPOTA	500
16.	SHRI BHATIA BHAGINI MANDAL	500
17.	SHRI CHANDRASEN BHATIA & FAMILY	400
18.	SHRI SHIVAM DECORATORS	301
19.	SHRI RAM LILWA	251
20.	SMT. SATYABHAMA R. LILWA	251
21.	SMT. ASHA LALIT ZAVERI	251
22.	SHRI PUNIT V. BHATIA	251
23.	SHRI CHANDRASEN T. UDESHI (STAFF)	252
24.	SHRI VAISHNAV	251
25.	SMT. URMILA DAYA	251
26.	SMT. BHARTI CHANDAR	250
27.	SHRI HARISH T. DUTIA	201
28.	SHRI JETHIBAI T. KIKLA	201
29.	SHRI PRASHANT ANOOP ASARPOTA	200
30.	SHRI P. D. GANDHI	200
31.	SHRI KISHAN V. CHANDRAPOTA	200
32.	SHRI LAKHA V. CHANDRAPOTA	200
33.	SHRI KUSUM P. JAVA	200
34.	SMT. MEENA ANIL LILWA	151
35.	MISS MAHIMA L. RAJANI	151
36.	SHRI VAISHNAV	151
37.	SMT. SUMITABEN VAISHNAV	151
38.	SMT. ILA C. SHAH	101
39.	SHRI KAMLAKANT PATHAK	101
40.	SHRI LALBABOO TIWARI	101
41.	SHRI LALCHAND T. GAJRIA	101
42.	SMT. LEELABAI GORDHANDAS	100
43.	SMT. JAYSHREE GOVIND BHATIA	100
44.	SHRI CHANDRUBHAI K. ASAR	100
45.	SMT. DAMIBEN H. KETIWALA	100
46.	SMT. SAVITA S. BHATIA	100
47.	SHRI SURESH H. NEGANDHI	100
48.	SMT. HIRABEN M. ASARPOTA	100
49.	SMT. KAKI ISARDAS BHATIA	100
50.	SHRI LAXMAN GOKALDAS	100
51.	SMT. SEETABEN D. KEWALRAM	100
52.	SMT. ANITA ANIL KHIARA	100
53.	SMT. LATA N. KHIARA	100
54.	SMT. CHANDRABEN KHUBCHAND KANDHARI	100
55.	SMT. SUMITABEN GANDHI	100
56.	SHRI RAJU BHATIA	100
57.	SHRI ARUNA BHATIA	100
58.	SMT. MANJU KHIARA	100
59.	SHRI KAMAL BHATIA	100
60.	SMT. BHARTI LALA	100
61.	SHRI JAYANT N. BHATIA	100
62.	SHRI VAISHNAV	51
63.	SMT. KAMINI R. LALLA	50
64.	SMT. RUCHITA BHATIA	50
65.	SMT. DAMABEN G. NARDANI	50
66.	SMT. RUKMANI G. ZAVERI	50
67.	SMT. LATA MAHINDRA	50
68.	SMT. PADMANI L. THAKKAR	50
69.	SHRI RAJESH KHUBCHAND KHANDARI	50
70.	SMT. RUKMANIBEN ASSER	50
71.	SHRI AHSOKBHAI GAJRIA	50
72.	SHRI RAMCHAND C. BHATIA	50
TOTAL DONATION RS.		40,283

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A BRIEF REPORT ON THE PROPOSED OF SHRI THATHAI BHATIA PANCHAYAT BUILDING AT KANDIVLI WEST

The documentation work for the proposed building is well in progress. The proposal was already submitted for approval to the concerned Government authorities but on the valued suggestions by Shri Niranjan Hiranandani an altered submission has been made which may help us to get double the area of present plot size. Which in technical terms is one to two FSI instead One to One? we are indeed very grateful for his suggestions and hope that in future too he will help this very noble community cause with more guidance and other possible co-operation . This gesture has heartened us to persue this project more vigorously and hopefully we shall have this dream project realized in the best possible manner and in due course of time.

Further in regards to this project we are also very glad to inform our brothers and sisters that we have already received confirmation of donations for this building from THATHAI HINDU COMMUNITY BAHRAIN and SHRI MAGAN M. KARANI from Dubai of Rupees Forty Five Lakhs each.

The joy of receiving this confirmation was further enhanced by confirmation of Rupees One Crore from SHRI NIRANJAN HIRANANDANI AND SHRI SURENDRA HIRANANDANI IN MEMORY OF THEIR LATE BROTHER Dr. NAVIN HIRANANDANI.

We have also received the following gracious doantions for which we are extremely grateful.

1. Shri. C. N. Bhatia in Memory of Smt Shantibai Naraindas Asarpota Donated by Tara and Chadrasen Asarpota. Dt.

14.11.2007 Rs. 100001/-

2. Shri Lalchand Maganmal Gajria (Thakkar) Rs. 51,000/-

3. Smt. Damyanti Lalchand Gajria (Thakkar) Rs. 51,000/-

4. Shri Ram D Khianra & Mrs Pushpa in memory of our Mother Gomtibai Dhamanmal Khianra Rs. 51,000/-

These auspicious beginnings as mentioned above keeps our moral very high and hopefully if the new proposal submitted is approved we shall be in position to go still further vertically and have about four more additional floors to our initial proposal and an Appeal and are confident that more donors will come forward to help us to embark on such Multistorey Monument of The Thathai Bhatia Community at Kandivli.

Issardas Hemandas

Women's World

Shree Thathai Bhatia Panchayat is proud of achievement of women of our community as they are integral part of our community.

Smt. Anju is today top artist in painting world, but in early 80's it was a struggle Finish Schooling from Birla School in Walkeshwar - did commerce course H.R.College and this took painting course at J.J. School.

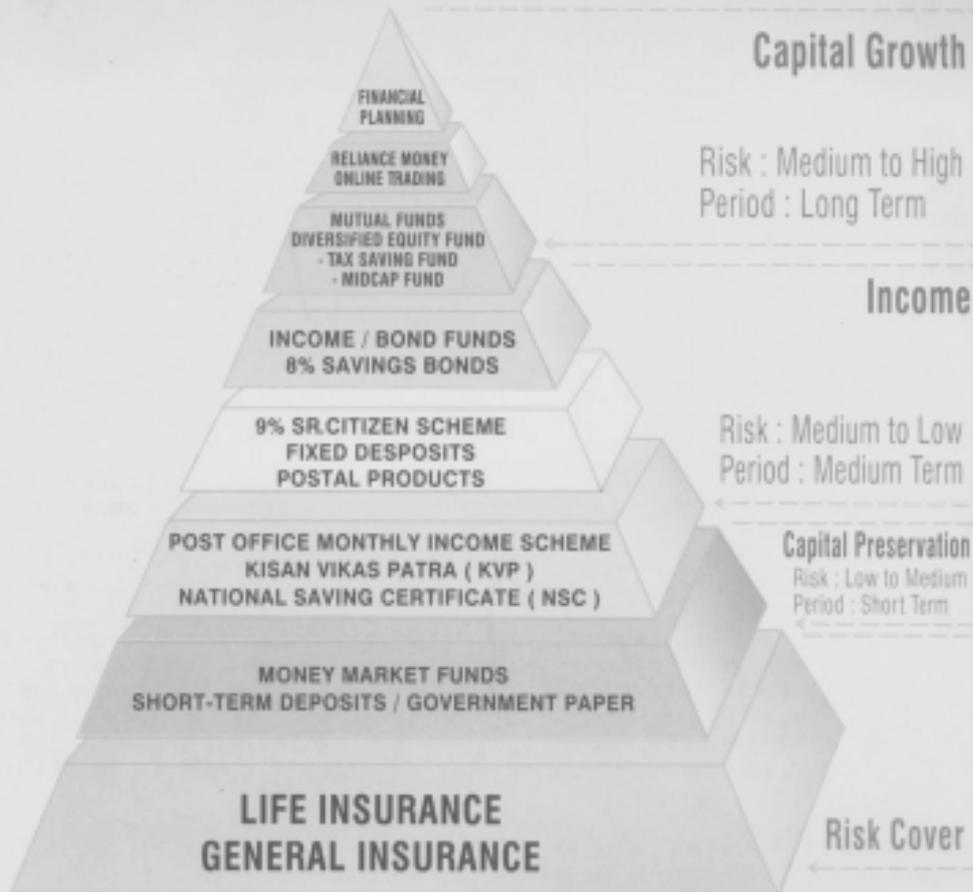
Today her works are resonant with deep dark melon choly. She says that when you are painting a certain emotion it is the memory of that emotion.

Happily married to a class fellow. She is presently known as Anju Dodiya.

She is daughter of Shri Vithal Khushaldas Khiara & Smt. (d/o. Hemandas P. Asserpota.) Well known members of our community.

Ram C. Bhatia

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NEWS FROM THC BAHRAIN

The Events In Bahrain- Dec 2007 to Jan 2008

Blood Donation Camp:

THC has been organizing Blood donation every year for past 15 years. The camps are held every quarter. The fourth blood donation camp for this year was held on Friday. 28th Dec' 07 starting from 8:00 a.m. The blood donation camp was held at THMC auditorium. About 8 persons from Salmaniya Hospital, Bahrain, consisting of nurses and doctors come to the auditorium along with beds and blood testing equipment. More than 80 persons donated their blood voluntarily. Reporters of local newspapers (Gulf Daily News) covered this event.

Visit of the two Vaishnav Pushtimargiya Teachers to Bahrain.

For the first time ever in the history of Shreenathji Temple, Bahrain, two Vaishnav Pushtimargiya Teachers Mrs. Gita Mahendra Shah and Mrs. Niranjana Rashmikant Shah from the International Pushtimargiya Parishad visited Bahrain from Mumbai. International Pushtimargiya Parishad was established in 1906. During their presence from 20th Jan' 08-09th Feb'08 in Bahrain, they carried out the following activities at THC Bahrain.

- They gave lectures on Sodas Granth, Siksha Patri, aachaar Vichaar, sajawat, Kirtan.
- Practicles were on seva, samagri and Vaastra Making, sajawat Pujya

Shreenathji & Gadiji.

- They met with Vallabh Youth Organisation working Group and Vallabh Youth General Body.
- Competitions were held for Aarti Thali, Thakorji Mala, Moti Gadiji Preparations
- Chhaak Manorath was also organised in the THMC Hall and Temple to mark the success of all the event.
- A Grand Finale Programme was organized with Dance/Drama & Skit on Pushtimarg.

Discourse by Goswami 108 Shree Krishna Kumar Mahodayshree(Ahmedabaad)

Shree Krishna Kumar Mahodayshree visited Bahrain at the invitation of vaishnavs on the occasion of the opening ceremony of Vrajdharm in Ahmedabad. His visit from 29th Jan' 08 to 6th Feb'08 included discourse on Bhagwat Sewa and Satsang, which were held from 30th Jan'08 to 1st Feb' 08.

Mukesh Khushaldas Bhatia
Joint Secretary
Baharain

Vallabh Youth Organisation (V.Y.O)

A youth organisation named 'Vallabh Youth Organisation' (V.Y.O) has been formed under the guidance of Yuva Vaishnavaharya Pujya Vrajrajumarji Mahodayshree, grand son of Pujya Mathureswarji Maharajshreeji. the organisation has started with thirty youths, who meet regularly every fortnight to discuss various subjects based in Hinduism and

spread awareness amongst today's youngsters.

Arrival of Param Pujya Shastri Shri Rameshbhai Shukla

Famous Bhagwatacharya and Ramayana Ratna Pujya Shastri Shri Rameshbhai Shukla from Palitana - Gujarat arrived in Bahrain in August'07. His subject of discourse was Shri Ram Krishna Leela Amrut, which was held from 17th August'07 to 24th August'07 in the THMC Auditorium. A record number of people attended the discourse everyday. The Vallabh Youth Organisation had a Q & A round with Shastriji which was followed by Mahaprasad.

Janmashtami/Matki Phodo'07

On 4th Sept'07 Janmashtami was celebrated in a grand way in the temple. Janmashtami Satsangs were also organised in the THMC Hall. A Matki Phodo event was also organised on 7th Sept'07 in the temple grounds. This was attended by around 200 persons. Jalebi and phaphdas were served as snacks to all.

Blood Donation Camp

THC has been organizing Blood donation drive every year for past 15 years. This year's Third blood camp was held on Friday 7th Sept'07. The blood donation camp is held at THMC auditorium. About 8 persons from Salmaniya Hospital Blood Bank in Bahrain, consisting of nurses and doctors come to the auditorium along with beds and blood testing equipment. More than 80 persons donated their blood voluntarily. Reporters of local newspapers (Gulf Daily News) covered this event.

**Mukesh Khushaldas Bhatia
Joint Secretary
THC - Bahrain**

Bhatia's In News

SPECIAL CONVOCATION

On 2nd November 2007 - a special convocation was held at Sahyadri Guest House, Malabar Hill, Vice Chancellor, Member of Senate & Management Council of "Maharashtra University of Health Sciences, Nashik invited His Excellency - Hon'ble Shri S.M. Krishnaji - Chancellor of Universities and Governor Maharashtra State presided over the function and honoris causa D. Litt. Degree to "Padmabhushan Dr. L.H. Hiranandani in presence of eminent guests.

It is indeed a matter of great pleasure & pride for Bhatia Community and we congratulate our beloved "Lakhubha" and wish him that he add many more laurels.

NIRANJAN HIRANANDANI

Times of India published an interview on Saturday 23rd Feb 2008 of "Shri Niranjani Hiranandani whose observation on current topic was very thought provoking. He said that "Migrants are Indicators of a zooming economy.

Shri Niranjani Hiranandani is the Managing Director of Hiranandani group. His belief and vision for a vibrant Mumbai. He advises to ensure that city dwellers are provided with affordable housing & public transport system - very true.

Congratulation on well thoughts.

Appreciation for Honesty

One cover was found at Shewa Fund premises near Library by Shri Jayant Bhatia Library Incharge. He brought it to the notice of Manager. All were surprised that it contained ATM and Credit cards.

Shri Lalchand T.Gajria Dy. Manager volunteered himself to submit it to the Bank and made a phone call to the Manager Bank of India Kandivli. Mr. Deshpande confirmed that these cards are issued from Kandivli(W) branch. We told him that we are sending these to him.

Meanwhile the person who had lost his cards approached Manager Bank of India with written complaint. Mr. Deshpande directed him to us to collect his lost cards and thanked us for being responsible citizens.

Mr. G.Y.Rane who was Account Holder in Bnk of India praised Thathai Bhatia Shewa Fund for getting back his ATM and Credit cards.

Our thanks are to Shri Jayant Bhatia & Shri Lalchand Gajria for their cooperative attitude.

Ram C Bhatia (Manager.)



With Best Compliments

FROM

THATHAI BHATIA'S BAHRAIN

P.O. Box 1498

Tel.: 17270259, 17256131

E-mail : thattai@batelco.com.bh

The grace (Krishna Kripa) and Protection (Ashrya) are always with you. When in any inner or outer difficulty or trouble do not allow it to oppress you; take refuge in Lord saying "Shri Krishna Sharanam Mamh" that protects unasked. If you do that always with faith and sincerity, you will find something opening in you which will always remain calm and peaceful inspite of all superficial disturbances. These superficial disturbances are but a part of the Grace which compel us to develop a sense of acceptance and the sense of wholesome or complete acceptance is a sure way to ANANDA though it may take ages in LOKIK sense but are simply a frictional moments in sense of eternal LILA.

This page is Sponsored by Thathai Bhatia's Bahrain

Thathai Bhatia Shewa Fund - ANNUAL FUNCTION	SR. NO.	STUDENT	PRIZE	AMOUNT
The Trustees and the Members of the Managing Committee of Thathai Bhatia Shewa Fund welcomed all brothers and sisters on 4th November, 2007 for Annual Get together.		<u>STD - I</u>	<u>CAT- I</u>	
	1.	Palak K Gandhi	I	150/-
The opening ceremony was lighting of lamp by our Hon.President & Trustees followed by one minute silence in memory of departed souls.		<u>STD - II</u>	<u>CAT - I</u>	
	2.	Twinkle K Gandhi	I	150/-
	3.	Neharika B Bhatia	II	120/-
The programme started with Mangal charan. It was followed by fancy dress by our tiny tots. The audience gave their a big		<u>STD - III</u>	<u>CAT - I</u>	
	4.	Ekta K Bhatia	I	150/-
The students of our kiddies corner presented dance programme which was greatly appreciated.		<u>STD - IV</u>	<u>CAT - I</u>	
	5.	Chirag A Asarpota	I	150/-
The star attraction of evening were group dance presented by our sukhdam brothers which kept audiences board. They deserve our thanks . Smt Pushpa Negandhi kept audience interest alive by able company.	6.	Gaurav M Java	II	120/-
		<u>STD - VI</u>	<u>CAT II</u>	
The short speech by Hon. Gen. Secretary Shri Ashok M Gajria emphasised that TBSF belongs to all members. He called for greater participation by all and specially our children & youngsters in particular to take active interest.	7.	Karishma M Gajaria	I	200/-
	8.	Divya K. Bhatia	II	150/-
There was prize distribution for the meritorious students. Those who had participated were also suitably rewarded.		<u>STD - VII</u>	<u>CAT-II</u>	
	9.	Apekshit K Jotwani	I	200/-
	10.	Divya Sanjay Bhatia	II	150/-
		<u>STD - VIII</u>	<u>CAT - II</u>	
	11.	Dipti A Bhatia	I	200/-
	12.	Divya Java	II	150/-
		<u>STD - IX</u>	<u>CAT - II</u>	
	13.	Jaideep Whabi	I	200/-
	14.	Divya A Bhatia	II	150/-
		<u>STD- X (S.S.C.)</u>	<u>CAT - II</u>	
	15.	Nikita C Bhatia	I	200/
	16.	Neha M Khaira	II	150/-
		<u>STD. XI (F.J.Y.C.)</u>	<u>CAT - III</u>	
	17.	Rahul S. Gajria	I	300/-
	18.	Raj M Bhatia	II	250/-
		<u>STD - XII (S.Y.J.C.)</u>	<u>CAT - III</u>	
	19.	Barkha P Java	I	300/-
	20.	Sonal A Bhatia	II	250/-
		<u>F.Y.B.COM.</u>	<u>CAT - IV</u>	

21.Sneha Pravin Asar	I	350/-	40.Chirag R Gandhi	II	350/-
22.Namrata A Whabi	II	300/-	<u>T.Y.B.Sc. CAT - VI</u>		
<u>F.Y.BSC.</u>			41.Prashant Asar	I	400/-
23.Dilip Dinesh Ketiwala	I	350/-	42.Dimple N Java	II	350/-
<u>F.Y.B.M.S.</u>			<u>BMM CAT-VI</u>		
24.Rahul Ranapratap Gandhi I		350	<u>Bachelor of Mass Media Degree</u>		
25. Hiren Mahesh Bhatia II		300	43.Shweta M Java	I	400/-
<u>S.Y.B.Com. CAT-IV</u>			<u>B.Pharma CAT-VI</u>		
26.Anjana Rajesh Asar	I	350/-	44.Shivani C Bhatia	I	400/-
27.Vinisha Mahesh Khirall		300/-	<u>Post Graduate Diploma CAT- VII</u>		
<u>S.Y.B.Sc. CAT - IV</u>			<u>Course In Securities Law.</u>		
28.Poonam C Bhatia	I	350/-	45.Jitendra D Gandhi	I	500/-
29.Dhwani Tejwani	II	300/-	<u>F.Y.M.M.S. CAT-VII</u>		
<u>S.Y.B.A. CAT-IV</u>			46.Deepti Bhatia	I	500/-
30. Vanita L. Bhatia	I	350/-	47.Sandeep Ashok Bhatia II		400/-
<u>S.Y.B.M.S. CAT-IV</u>			<u>C.S.GROUP II COMPANY CAT - VII</u>		
31.Hiren L. Bhatia	I	350/-	<u>SECRETARIES</u>		
<u>S.Y.B.M.M. CAT- IV</u>			48.Jyoti M Bhatia	I	400/-
32.Neha Kishore Kewalraml		350/-	<u>S.Y.M.M.S. CAT - VIII</u>		
33.Dharamraj L Dhutia	II	300/-	<u>Marketing Degree</u>		
<u>S.Y.ENG CAT - IV</u>			49.Deepak H Bhatia	I	700/-
34.Kashyap K Jotwani	I	350/-	<u>C.A. GROUP II CAT - VIII</u>		
<u>T.Y.BMS. CAT - IV</u>			50.Jeet S Gandhi	I	700/-
35.Rishika M. Bhatia	I	350/-	<u>MMS Degree H.R. CAT - VIII</u>		
<u>T.Y.B.H.T.M. CAT - IV</u>			51.Kiran Chandrakant Bhatia I		700/-
36.Kapil A Kikla`	I	350/-	<u>INSTITUTIONAL NEWS</u>		
<u>Diploma Course In Foreign CAT - V</u>			<u>Trade Practices</u>		
37.Mohit Gandhi	I	350/-	<u>AME Training Institute</u>		
<u>Bombay Flying Club CAT - V</u>			<u>Marketing Degree</u>		
<u>AME Training Institute</u>			<u>C.A. GROUP II CAT - VIII</u>		
38.Rajiv Bhatia	I	350/-	<u>MMS Degree H.R. CAT - VIII</u>		
<u>T.Y.B.COM. CAT-VI</u>			<u>SECRETARIES</u>		
39.Parikshit M Kikla	I	400/-	<u>Marketing Degree</u>		

**THATHAI BHATIA SHEWA FUND
NAMES OF THE TRUSTEES AND THE
MANAGING COMMITTEE MEMBERS
FOR THE YEAR 2007-2008**

TRUSTEES

1. HON. PRESIDENT/TRUSTEE
Shri Khubchand Muljimal Asar
Tel: 28823192
2. HON. MANAGING TRUSTEE
Shri Issardas H. Asserpota
Tel: 28931836
3. HON. GEN. SECRETARY/TRUSTEE
Shri Ashok M. Gajria
Tel: 28056254.
4. Nirmala Khubchand Asar / TRUSTEE
Tel: 28823192
5. HON. TREASURER / TRUSTEE
Shri Navinchandra H. Gajria
Tel: Res: 23522220, 23511913
Off : 22663269
6. TRUSTEE
Shri Bhagwandas H. Gandhi.
Tel: 28080701/28073915
7. TRUSTEE
Shri Kishore Tirathdas Asar
Tel: 28074705

MANAGING COMMITTEE MEMBERS

HON. VICE PRESIDENT

1. Shri Uttam Hemamdas Bhatia
Tel: 285053329
2. HON. SECRETARY
Shri Jairaj Chellaram Asarpota.
Tel: 28071701
3. Shri Mohanlal M. Bhatia
Tel: 28071195
4. Smt. Rukmani Lalchand Gajria.
Tel: 28055312
5. Shri Hemchand Naraindas Java.
Tel: 28050136/28630820
6. Smt. Indira Ashok Gajria.
Tel: 28056254
7. Shri Vijay N. Java
Tel: 65781732, Mob. : 9892531599
8. Shri Vimal R. Bhatia
Tel: 28919926
9. Shri Om Prakash Lalchand Gajria
Tel: 22060490 Mob. : 9869757813
8. Shri Arun Thakurdas Lilwa
Tel: 28621012

**Thathai Bhatia Shewa Fund -
Forthcoming Events**

Hemandas P Bhatia Polyclinic : Presently have regular Homeopathic Doctor and specialist doctors are available on scheduled days to serve the ailing patients of kidney, liver and cancer and to put in sizable effort for lessening the financial burden of needy patients. It proposed to have drug bank for above patients.

Those medicines will be provided to patients at concessional 40% of MRP or less.

This project proposal has come through Shri Baboobha Kewalram. Presently this is being done at Tardeo Mumbai - by Jivan Jyot Trust Registration No. : F-12230(BOM) . Lot of patients from western suburbs will feel it convenient to take regular life saving drug from our premises.

Jivan Jyot has address of Mumbai Central and medical faculty members include Dr. B.V.Gandhi - Breach Candy Hospital, Dr. Jyotsna - Navneet Hospital , Dr. Sarla Sheth - Maollika hospital & well reputed Trustees like Smt. Manjuben Vora.

We hope that this will be noteworthy charity activities in addition to what we are already doing.

Congratulations

Office Bearers of TBSF & TBP were cordially invited to witness an exhibition on 9th Feb & 10th Feb of Handcrafted candles which was held at Borivali Sport Complex - Gorai, L.T.Road, Opp. MHB Colony, Borivli (West), Mumbai. The exhibition was sponsored by "All India Samasta Bhatia Federation" Mumbai.

The attraction of this exhibition was candles made by Blind Artist Mr. Bhavesh C. Bhatia . He created Fancy candles ranging from 20gm to 62kg . The exhibition main attraction was 95kg wax fott, 65kg - 6ft. Tower candles.

We congratulate Mr. Bhavesh Bhatia for his courage and work done also congratulate the Chairman & Managing Committee of Samasta Bhatia federation for encouraging such persons.



H.P. BHATIA CHARITABLE POLYCLINIC
Congratulations

Congratulations to Dr. Ketan Mehta , who is the consultant from India, who was invited by Malaysian Council to deliver the series of guest lectures in various medical colleges across South India. He delivered the talk on "Cardiometabolic Syndrome - A Life Style Related Disease " at Stanly Medical College, Madras Medical College , Madurai Medical College , Trichi Medical College, Aambedkar Medical College & Bangalore Medical College, where he along with Malaysian faculties were being felicitated by the dean of the respective medical colleges.

Congratulations to Dr. Ketan Mehta, who was invited by Chief Minister Shri Vilasrao Deshmukh at Varsha Bunglow on a high tea for official discussion on 4th December, 2007.

POLIO DROP FACILITY : 3 camps were arranged with the co-operation of B.M.C. and large number of children were benefitted.

HIRANAND YOGA CENTRE : Regular Yoga Classes are conducted everyday. An experimental Yoga Centre for Ladies only is being conducted every Wednesday afternoon.

KALINDI NURSERY : 26th October , Diwali Party was arranged, children enjoyed the party and gifts were distributed.

● 20th Dec - Sports day was conducted in which all children took part. Prizes were distributed.

● 26th Jan Republic Day - Flags were distributed and its importance was told to children who sang the National Songs.

● Makar Sankranti day- Kites and Til Ladoos were distributed Children enjoyed flying kites on the school terrace.

● An educational picnic was arranged, children were taken to Vile Parle Biscuit factory and it was joy for them to see how biscuits are made. After this trip, they sat in garden and enjoyed eatables.

SUKHDHAM SANGNAK KENDRA
(COMPUTER CENTER)

The Computer Center is working smoothly. At present there are 2 batches of 7 students each. Presently courses include MS Office(Basic Course) with Internet and Tally 7.2.

VALLABH SUKHDHAM

New Programmes

संस्कृत व्याकरण अध्ययन वर्ग

संस्कृत व्याकरण अध्ययन वर्ग तारीख

१४-२-२००८ थी दर गुरुवारै सांजे ३.००

थी ४.३० सुधी

श्री वल्लभ सुखधाम, कांदिवली (पश्चिम)मां

लेवामां आवशे. धंछुक वैषावोने भाग

लेवा

सादर

आमंत्रण.

Sanskrit Grammer Adhayan Class

Sanskrit Grammer Adhayan Class at Shri Vallabh Sukhdham (Kandivli - West) on every Thursday at 3.00pm to 4.30pm from February 14, 2008 onwards.

षोडशग्रंथ अध्ययन वर्ग

पूज्य गोस्वामी श्री योगेशभावा (विले

पार्ले) द्वारा

षोडशग्रंथ अध्ययन वर्ग

तारीख १८-२-२००८ थी

दर सोमवारै रात्रे ८.०० थी ९.३०

कांदिवली श्री वल्लभ सुखधाममां शर

करवामां आवेल छे.

Shodashgranth Adhayan Class

Shodashgranth Adhayan Class at Shri Vallabh Sukhdham (Kandivli - West) on every Monday at 8.00 pm to 9.30pm by Pujya Goswami Shri Yogeshbawa (Vile-Parle) from February 18, 2008 onwards.

PROGRAMMES HELD BY VALLABH SUKHDHAM

Event	By	Subject	Date and Time	Address	Contact Person
Educational Camp	Puja Shri Yogeshkumarji Raghunathlalji (Kamvan-Gokul-Vile Parle)	Sadhandipika Granth (Shloka 91-127)	September 8,2007 to September 9, 2007, 3.30pm to 8.00pm	Shri Vallabh Sukhdham C/o. Thattai Bhatia Shewa Fund,Shanker Lane, Kandivali (W), Mumbai 400067	Anil Bhatia 9819085064 Rajesh Parekh 9820167170 Manisha Shah 28653067 Hitesh Ruparelia 9820891531 Khyati Mehta 9833694381
Children Program (Please visit children activities Links for details)		Eloquence Competition	December 2,2007	Shri Vallabh Sukhdham C/o. Thattai Bhatia Shewa Fund,Shanker Lane, Kandivali (W), Mumbai 400067	Rajubhai Kansara - 9820020458 Swatiben Shah 29677287
Kirtan	Anshubhai Shah	Shri Gusaiji Vadhai	December 23,2007 5.30pm to 7.30pm	Shri Vallabh Sukhdham C/o. Thattai Bhatia Shewa Fund,Shanker Lane, Kandivali (W), Mumbai 400067	
Discourse	Puja Shri Shyammanoharji (Kishinghad-Vile Parle)	Sadhan Prakran	January 6, 2008 to January 13, 2008, 7.00pm to 10.00 pm	Shri Vallabh Sukhdham C/o. Thattai Bhatia Shewa Fund,Shanker Lane, Kandivali (W), Mumbai 400067	

અમે જ્યારે નાના હતાં ત્યારે અમારા વડીલો ઉંદર સાત પૂછડીવાળો - એક હતો ચક્કો અને એક હતી ચક્કી એવી વાર્તાઓ કહેતાં. નાનપણની વાતો યાદ કરતાં આંખમાંથી પાણી નિકળે છે. એક નાની કવિતા મને હજી યાદ છે એ લખું છું.

ચક્કો અને ચક્કી

એક હતો ચકો અને એક હતી ચકી
ચકી હતી ગરીબડી અને ચકો બહુ પાકો
ઝાડ પર ગોખલામાં નાનું એનું ઘર
ડાળે ડાળે ઊડતા ઊડતા જતા ફરફર
જતા જતા ચકીને અમથો મારે ધક્કો.
એક હતો ચકો ને એક હતી ચકી

ચકો હતો ખટપટિયો ને ચકી બહુ શાણી
દિવસ આખો કામ કરે ને રાતે ભરે પાણી
ચકો અમથો વટ મારે પણ આવડેનાં કાંઈ કક્કો.

એક હતો ચકો ને એક હતી ચકી
અડધી રાતે ચકાને તો ચા પીવા જોવે
ચકીરાણી એવે ટાણે આંસુ પાડી રોવે
ચકાને વળી ખાવા જોઈએ ઊનો ઊનો મક્કો.

એક હતો ચકો ને એક હતી ચકી
ઊંચે ઝાડે બેસી ચકો અમથો ઘાંટા પાડે
ચકીરાણી કિટ્ટા પાડી જાતી બીજે ઝાડે
ચક્કો જાતે મનાવવા ત્યાં વચ્ચે ફૂટે ટક્કો
એક હતી ચકી એક હતો ચક્કો.

મંજુલા ખીચરા-દુબઈ

SHREE THATHAI BHATIA PANCHAYAT
Institutional News - Panchayat

Annual General Meeting was held on 23rd December 2007 at 11.30am at Thathai Bhatia Shewa Fund premises.

The new managing committee follows :

1. Shri Issardas H. Asarpota (Hon. President)
2. Shri Kishindas V. Asarpota (Hon. Vice President)
3. Shri Ashok M. Gajria
Building Convenor
4. Shri Ramchandra C. Bhatia
(Hon. Secretary)
5. Shri Lalchand T. Gajria (Hon. Joint Secretary)
6. Shri Navin H. Gajria
(Hon. Treasurer)
7. Shri Khubchand Muljimal
(Committee Member)
8. Shri Uttam H. Bhatia
(Committee Member)
9. Shri Hemchandra N. Java
(Committee Member)

All readers are requested to intimate the change of address so that records can be updated and correspondence mailed correctly.

All members are requested to contact Panchayat office for :

- a) The members who have not collected their Patal amounts are requested to collect the same during February & March 2008.
- b) the members who have not paid their subscription fee for the year 2006 to 2007/2007-2008 are requested to pay their Subscription.
- c) New Membership forms can also be collected at office.
- d) Members desirous of having Community Certificate for admission purpose etc should give their applications to the Panchayat office.

Contact - Usha Bhatia

Tel. No. : 28091770/28070377 p.p.

In case of any difficulty they should contact us.

Issardas H. Asarpota

Hon. President

Lalchand T. Gajria

Hon. Jt. Secretary

Ramchand C. Bhatia

Hon. Gen. Secretary

For general information the details are as follows.

Lagas for Janoi Rs. 451/- per head
 Lagas for Marriage Rs. 451/- per head
 Illustration - If member wishes to distribute patal amount at Rs.5/- to Panchayat members he has to pay patal amount and patal laga as under

Patal Amount 1120 X 5 =	5600
Patal Laga	<u>451/-</u>
	<u>6051/-</u>
Marriage /Janoi Laga	451/-
	6502/-

Our Panchayat gives these item on hire

Items	Deposit	Per day charges
Dholak	500	51/-
Ekota	500	51/-
For Devi Paran & Thali	100	21/-
Membership List (Sale)		51/-

SHRADDHANJALI

We regret the sad demise of the following brothers and sisters of our community and express our sympathies to the families.

Date	Name	Age
28.09.07	Bharat Ratnachand Gajria	
02.10.07	Govind Devkishindas Bhatia (Udeshi)	68
03.10.07	Bhagwandas Gordhandas Dutia	84
26.10.07	Bharat Uttamchand Gajria	51
23.11.07	Padmani Samidas Java	80
02.12.07	Purshotamdas Assanmal Gajria	
09.12.07	Nirmala Shiwandas Bhatia (Negandhi)	
23.12.07	Shakuntala Assadas Khiara	
27.12.07	Gomti Parmanand Gajria	
06.01.08	Jaswanti Jethanand Bhatia	69
06.01.08	Naresh Chandrasen Bhatia (Asar)	43
23.01.08	Neeta Jaikumar (Raju) Nardhani (Asarpota)	43
23.01.08	Usha Vishandas Asher	66
25.01.08	Nirmala Khimchand Bhatia(Raigaga)	-
30.01.08	Jyoti Chaturbhuj Asarpota	
02.02.08	Renuka Lakhmichand Bhatia (Raipanchohia)	57
09.02.08	RameshchandraNarsinghdas Khiara	67
17.02.08	Jayshree Kumar Kikla	56
24.02.08	Deepchand Khimchand Khiara	89
26.02.08	Naraindas Keshavdas Gajria	-
28.02.08	Dharamsihindas Gordhandas Java	-
29.02.08	Devkishindas Gordhandas Java	73

Issardas H. Asarpota
(Hon. President)

Ramchandra C. Bhatia
(Hon. Gen. Secretary)



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Association with Airlines and Railways at :
- ◆ God's own green land evergreen Kerala
- ◆ Historical Karnataka and Tamilnadu
- ◆ Colourful Rajasthan and Gujarat
- ◆ Wonderful Bengal, Orissa and Sikkim
- ◆ Pride of India Maharashtra and Punjab
- ◆ Uttaranchal - Most Fascinating places among all tourist places
- ◆ Kashmir and Leh-Adventure tours
- ◆ Most enjoyable Goa and Himachal Pradesh
- ◆ Our own Tiger Land at Madhya Pradesh

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Mumbai - 400 092 India.

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